SEPTEMBER 2004

THE HIGHLANDS COMMUNICATOR

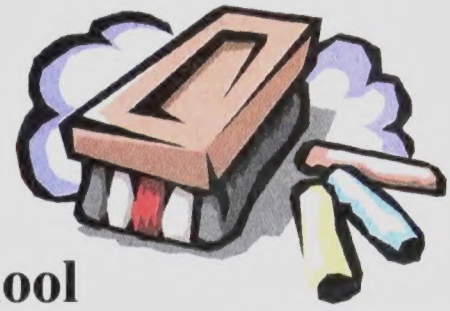
"It's What We Do For You!"

FREE

Vol. 3, Issue 16

HALIBURTON COUNTY'S GOOD NEWS ONLY FUN FREE NEWSPAPER

HEY KIDS...
HAVE A SAFE & FUN SCHOOL YEAR!!



Back To School

by Natasha Mackesey

Ready or not, summer's ending and school is quickly approaching. It's time to get out there and start preparing yourself for a brand new school year.

Need something to get you motivated? Well, Haliburton Highlands Secondary School has a little theme for this year that might just do the trick.

The theme is "Character Matters," which means that when you do something well, it should be praised through words, actions, and even trophies. But also, if you happen to slip up, character matters there too.

This year, along with your fellow 756 students attending Haliburton Highlands Secondary, do your part to show the best of your character.

"Character really matters when no one is watching," states Gary Brohman, Principal of H.H.S.S. "We really want to focus on character this year."

The schools motto is "Respect, Responsibility, Commitment," so this year, show your school pride and let your character show!

Shirley Anne McCormick: Winning Words

Shirley Anne McCormick is a professional Haliburton writer who's published fiction, poetry, and many articles on environmental issues. She's also no stranger to awards, and has been honoured in the Winners' Circle both for a short story, and for her essay "Canada's Rocky Mountains: A Grizzly Affair".

She's also the editor of the Ontario Poetry Society and for three years now has edited the "National Newsline", published by the Canadian Authors Association.

This month brought another award, this time from a prestigious British publishing giant. Shirley's non-fiction story, "The Anniversary Waltz" won the lastest "toowrite" competition sponsored by Northcliffe Electronic Publishing, a division of the huge multimedia group comprising the Daily Mail, Northcliffe Publishing, and the General Trust. The "toowrite" award is worth a handy thousand pounds sterling, about $2,400 in Canadian funds and is awarded approximately three times yearly. For this competition over 400 stories were submitted, of a standard described by the publisher as "even more impressive than ever." Anyone is welcome to submit a story: details at www.toowrite.com

Shirley's father has Alzheimer's Disease and is looked after chiefly by her mother. Music, and in particular, dance music, played a huge role in the McCormick's courtship, marriage, and enduring love. Shirley's story is how that love of music, dance, and each other has sustained her parent's deep connection even while Alzheimer's takes its deadly course.

Shirley tells the story with a direct, but tender voice: the story is both sad and happy, and never sentimental, no small feat with a subject like hers. "The Anniversary Waltz" can be read in full at the "toowrite" website.

The Haliburton Highlands Trails & Tours Network are joined by members of the Haliburton Highlands Health Services Foundation for the launch and unveiling of the new Tranquility Trail Kiosk Sign located next to the Haliburton Hospital on Thursday August 12th, 2004. From left to right, are Kate Hall, Lindsay Elder from Trails & Tours, Dale Walker, Claire Sylvan, Bev Hunter and Anna Sproule Haliburton Highlands Health Services Foundation.

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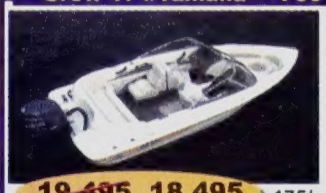
Grew 174/Yamaha • F90



Yamaha 90 hp , four stroke, Tonneau cover, Clarion CD, tilt steering, auto bilge pump, swim ladder.

~~19,495~~ 18,495 — 175/mth oac

Grew 188 Yamaha • F115

Yamaha 115 hp , four stroke, Tonneau cover, Clarion CD, tilt steering, auto bilge pump, swim ladder

~~22,995~~ 21,995 — 206/mth oac

Grew 184 GR • Yamaha 115

Yamaha 115 hp , four stroke, Tonneau cover, Clarion CD, tilt steering, auto bilge pump, swim ladder, high back bucket seats

~~23,195~~ 21,995 — 199.47/mth oac

Grew 174 GR • 3.0L Merc

135 HP Merc, convertible top, tilt steering, auto bilge pump, swim ladder, sport interior

~~20,250~~ 18,495 — 175.54/mth oac

186 Sportdeck/Yamaha • F115

Yamaha 115hp four stroke Tonneau cover, Clasion CD, tilt steering, auto bilge pump, L-shaped seating, snap-in carpet, swim ladder.

~~25,744~~ 23,995 — 224.45/mth oac

Grew 194 • 4.3L MerCruiser

190 hp , MerCruiser , Tonneau cover, Clarion CD, tilt steering, high back buckets, auto bilge, swim ladder

~~26,995~~ 25,495 — 251.95/mth oac

Grew 155 SC • F60

60 Hp Yamaha Fourstroke, Tonneau Cover, auto bilge pump, AM/Fm Cassette, bow cushions & stern cushions

~~15,855~~ 13,500 — 168.83/mth oac

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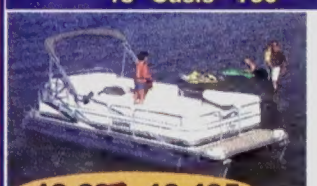
15 HP.....	4 Stroke.....	$2595.00
60 HP.....	4 Stroke.....	$6995.00
90 HP.....	4 Stroke.....	$8395.00
115 HP.....	4 Stroke.....	$10495.00

18' Aurora Fish • F40

Yamaha 40 hp, four stroke, bimini top, windshield, Bow Eye.

~~14,795~~ 13,495 — 168.76/mth oac

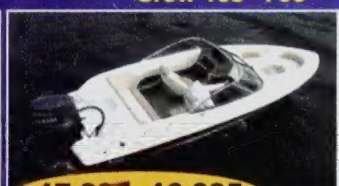
18" Oasis • T50



Yamaha 50 hp highthrust, fourstroke, bimini top, morring cover, privacy station, sundeck, built in fuel tank

~~19,695~~ 18,495 — 174.62/mth oac

Grew 168 • F90



90 Hp Hamaha fourstroke, Tonneau Cover, CD player, auto bilge pump, swim ladder.

~~17,995~~ 16,995 — 161.55/mth oac

Grew 155 CC • F40

40 Hp Yamaha fourstroke, console cover, bow cushions, AM/Fm Cassette, auto bilge pump

~~14,455~~ 11,995 — 151.78/mth oac

Thundercraft Fundeck Yamaha F115

Yamaha 115hp four stroke, Tonneau cover, bimini top, Clarion CD, tilt steering, table, swim ladder.

~~28,500~~ 26,995 — 251.55/mth oac

20' Vectra 200 4.3L Merc

190 Hp MerCruiser , Tonneau Cover, Bimini top, swim ladder, CD player, bilge pump, sink, table.

~~34,609~~ 29,995 — 278.64/mth oac

16' Misty Harbour Side Console, F25 Yamaha

25 Hp Yamaha Fourstroke, Aerated Livewell, Trollinh Motor Deck, Bilge Pump

~~9,995~~ 8,500 — 151.58/mth oac

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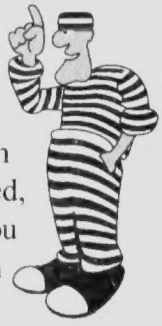

GRASS ROOTS CAMPAIGN: Charles Cooper of Bay Minette, Ala., says the town's mayor walked in his front door, stepped into the bedroom where he was sleeping, and yelled, "This is the mayor of Bay Minette. You have 10 minutes to pick up the trash or you'll be arrested."

Cooper cleaned up after his party from the night before, but he also called the police. Officers, citing a conflict of interest, turned the case over to the district attorney, who arrested Mayor Sonny Dobbins and charged him with criminal trespassing. Dobbins admits he walked into the house, saying the door was open, but denies going into Cooper's bedroom. In his defense, he has challenged the trespassing law, calling it unconstitutional. Meanwhile, he is campaigning for re-election. ...No doubt telling voters he plans to "clean up this town".

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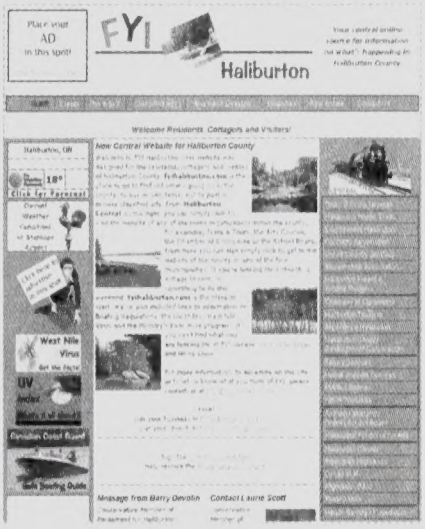
New Business

FYI, Haliburton!

The folks of Haliburton County now have a new way to get information and keep up-to-date. FYI Haliburton (www.fyihaliburton.com) is a new, central online source for area information and events. The website, created by Trudy Pogue of Wolf Song Communications, has an events listing, a buy & sell page, classified ads, a business directory and a church directory.



Looking for Haliburton Tourism? Health Services? The School Board? All you need to remember is fyihaliburton.com because the site contains links to these and many other organizations within the county (there are over thirty already). From FYI you can also simply click to get to the website of the county or any of the four municipalities. Also included are links to information on Boating Regulations, the UV Index, West Nile Virus and the Ministry of Natural Resources' Bear Wise program.

If you're looking for the local weather forecast, a church, a cottage to rent, or something to do this weekend, fyihaliburton.com is the place to go.

Pogue, a resident of Harcourt Park in the Haliburton Highlands, welcomes comments and suggestions. She plans to keep the site current and invites everyone to submit event information, story ideas and useful links, as well as to get listed (for free) in the business directory or church directory. Businesses also have the opportunity to advertise on the site.

Check it out, Haliburton. It's "for your information".

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EYE ON BUSINESS

Can Q Inc.

Event, Party or Special Occasion... Think BBQ...

There's no argument that this has been an unusually wet and cool summer, never a winning combination for local business. So it's even more impressive how one entrepreneur with a good idea, good service, and hard work can create an overnight business success with outdoor barbecues in the rain and the cold.

This summer Rod Holliss has seen his company, Can Q Inc., All Seasons Charcoal Barbeque Rentals expand from a simple rent-a-spit business into a serious caterer to weddings, parties, and corporate events. He started a year and half-ago renting his big, automatic stand up spit roasters, all two of them, for family gatherings and social occasions. He also volunteered his equipment, and his cooking services, to charities around the County. He's cooked the 450 pounds of beef sold this year and last at Haliburton's annual Highland Games, for instance.

And now he's catering wedding feasts for 30 to 300 people from Bancroft to Orillia. He has seven spits on the go, Health Department approved refrigeration, wash stations, salad and veggies bars, and he's booked pretty much through Thanksgiving.

Rod makes his own spits and grills, with the help of a machinist friend, to his own specifications. His latest creation is a party-size grill and spit rotisserie with an 1800 square inch grill, or a 60" by 72" by 58" spit. And forget about propane: Rod uses only natural smoked maple charcoal, available only from Quebec.

Rod will also design custom barbeque menus for his customers and will help with any favourite recipe you might want. This summer he's cooked everything from buffalo to whole lambs and pigs. His grills can handle as many as 40 steaks at a time. He will also prepare other items such as cheese trays, veggie trays, platters, snacks and so much more.

Rod even has tents for outdoor venues, so weather isn't much of a problem. And admit it ... there is nothing quite like the taste of BBQ – so wouldn't it be a nice change for that special function? Rod's son, who helps him out with larger functions, is even a bartender, so they can even look after that aspect of your function. Once you speak to Rod, you will find out just how much he can do to help make your special day a huge success.

Next up? For the winter Rod has plans to outfit a snowmobile with one of his grills to supply on site meals to ice fishermen! Why not? He might even start up a hut rental business on the side. And for next summer he's looking at the possibility of a fully equipped mobile kitchen on a pontoon boat on the Trent Canal.

Keep an eye out for what's to come with Can Q Inc., and remember, if you are hosting an event, party, wedding, anniversary, or outing, give Rod a call and see what he can do

Can Q cont'd... pg. 6...

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Silly Snapshots

This IGA is a popular store I'm sure...

Can Q. Cont'd....

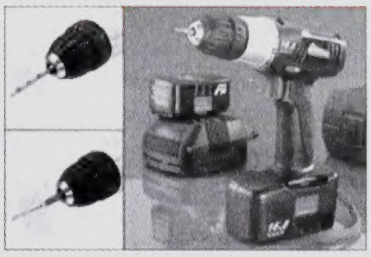
... from pg. 4

for you. Remember, he also still rents out his equipment, so if you don't require full catering, and want to be the ourdoor chef yourself, contact Rod for your equipment needs.

You can reach Rod Hollis, Can Q Inc., for all his ideas, and your barbeque and festive needs at 705 447-3319, or by fax at 705 447-3017.

Student Special

Save $60



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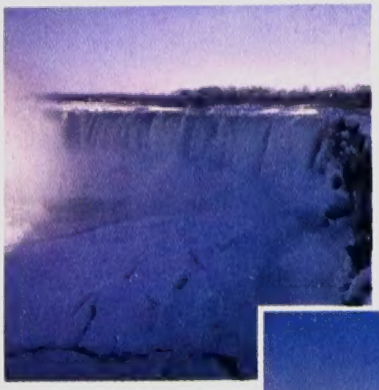
Niagara Falls Freezes Over & Ed Was There!!

When Ed Lehman was reading though a recent copy of The Communicator, memories of over 40 years ago came flooding back when he read one quick line under 'Believe It or Not' that told of a time when Niagara Falls froze over.



"I was there – it froze in 1963," says Ed. "It was quite an awesome site to see."

After reading the "believe it or not", Ed got up, dug out and dusted off an old photo album. "I flipped through to the pictures I took of the falls frozen over. Boy, did that bring back memories," he added. "It was a remarkable site."

Although the line mentioned an earlier year that the falls froze over, Ed immediately remembered back in 1963 when he was visiting Niagara Falls while attending a course. Ed worked with the old Ontario Hydro as a Protection & Control Electrical Technologist. "I was down there on a training session," he says. "In '63 it froze again, and it hasn't happened since. It probably won't happen again," he says.

"The American side was frozen stiff. On the Canadian side it was mostly all frozen over, but there was still a trickle of water," he remembers.

At the time of his visit, Ed was a full time resident of Timmins, where he was used to very cold weather.

"January of '62 was very, very cold. Around the 29th of January was the coldest month I can remember ever – it was minus 62 degrees in Timmins. So '62 and '63 were very cold winters."

At the time of the falls freezing, Ed said they had to turn off the power plant located at the falls. "The power plant has been there since the early 1900's. It was the 1st power plant built on the Niagara. It had to shut down because there was just no water – it froze. But," he added, "we had plenty of power to spare in those days, so there was no shortage. It really didn't have any effect on the power situation."

What he found extremely "awesome", was the fact that the mist that is created by the falls, was freezing also as it flowed over, so from the top of the falls to the bottom, which is usually 150' drop, was filled with a build up of ice. You can see the build up, particularly well, in the picture of the falls on the American side provided with this story.

"When I look at these pictures now,"

Falls cont'd... pg. 11..

Pictured: far left - Canadian side frozen over - see mist buildup, same with middle picture of American Falls frozen. Top two right hand pictures are the falls, both American and Canadian side, in the summertime, with water flowing. Bottom is pic of Canadian falls & Niagara river frozen over.

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Kinmount Fair Jam Packed With Fun Things To Do

by Natasha Mackesey

The much anticipated Kinmount Fair is returning September 4th, 5th, and 6th, and in the 133 years its been running, this is going to be bigger and better than ever. This year there are some fabulous grand stand shows, featuring "Whispering" Bill Anderson on the Saturday at 2:00 pm, and back by popular demand is "Ambush" and they will be playing live in the arena on Saturday evening at 9:00 pm. The Tom Bishop Wild West Show is on Sunday, September 5th at the grandstand at 1:45 pm. This is followed by the exhilarating Smash em' up Demolition Derby which starts at 3:30. Make sure you remember to register for the derby on Sunday at 1:00 pm.

Bill Anderson

And folks this is just the grandstand shows, lets not forget the rest of the fairs activities! The fun all begins on Thursday September 2nd with the kids' long tractor pull, which is always a hoot to watch. At 7:00 pm, head down to the arena for the Lions Club Monster Bingo, for a monster of a good time. Friday, September 3rd hosts a full day's worth of activities and it's also a children's day – free admission for all pre-school and elementary school children.

The fair grounds open Friday at 9:00 am, starting with the Saddle Horse Show at the Show Ring. The exhibition hall opens at 10:00 am, and at 11:00 am the Midway opens featuring Conklin Shows. At noon the Pioneer Exhibit opens up. Grab the kids and make sure you head to the Kiddyland Area at 1:00 pm, because Tiger Paw Exotic Petting Zoo & Pony Rides open up.

Then at 2:00 pm don't miss out on great live entertainment in the Arena, the featured guest is "The Good Time Boogie Band," refreshments will be available. Also starting at 2:00 pm is "Markus" the children's entertainment will be staring in Kiddyland, and if you miss it then, don't worry because it will be showing again at 4:00 pm.

The gates open bright and early Saturday morning at 7:00 am, and at 9:30 the Free Shuttle Bus Service begins. Also at 9:30 am, there's going to be a Horse Judging at the show ring, and all buildings will be opening. There is going to be plenty happening at 10:00 am and they are as follows: the Junior Cattle Show Begins, the Conklin Midway opens, Tiger Paw Exotics Petting Zoo & Pony Rides in Kiddyland are on again, and the sheep judging is going on in the Livestock Ring.

At noon the Warriors Day Parade Leaves Downtown. Going all afternoon is live entertainment in the Arena featuring "The Good Time Boogie Band." Are you looking to show your talents? Well then be sure to register for the Talent Show at 12:30 pm at the Pine Bandshell where you will be performing for an excited crowd at 1:00 pm.

Exciting scene from the Tom Bishop Wild West Show

Kick it up a notch at 9:00 pm when you prepare yourself for a show & dance in the arena with music by the Country/Rock band AMBUSH!

Gates open early again on Sunday at 7:00 am, starting the morning off with a Light Horse & Pony judging at 9:00 am, then followed off at 9:30 am with the Church Service in the Pines Bandstand which will be led by Pastor Dan Millard of Kinmount Baptist Church.

At 10:00 am all the buildings re-open, and there is going to be a fun-filled children's race at the Judges' Stand, and the free Shuttle Bus starts running. At noon the Mutt Show starts at the Grandstand arena. Get ready for a riot of a time at 1:45 pm when the "Tom Bishop Wild West Show" comes around to the Grandstand.

As you can tell my now, the excitement doesn't stop once all weekend as everyday has something phenomenal. So make sure you head down to the Kinmount Fair for the time of your life!

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Niagara Falls Frozen cont'd...

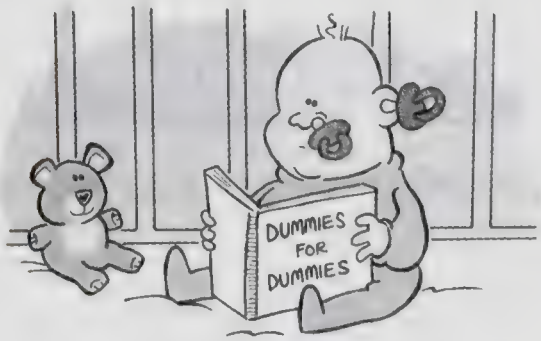
... from pg. 8

Ed looks over his old photo album

says Ed, "I see that these are really priceless pictures. At the time I took them, I never figured I'd be reading about it in the paper over 40 years later, then digging them up to look at them again. It's strange how life works."

Ed retired from hydro in 1994after 32 years of service, and in 2000 he moved from Timmins to the Highlands, which is now his permanent home.

We may all find winters here very cold, but to Ed, well, "our winters here are a lot milder than what I'm used to in Timmins and they are a little shorter here.



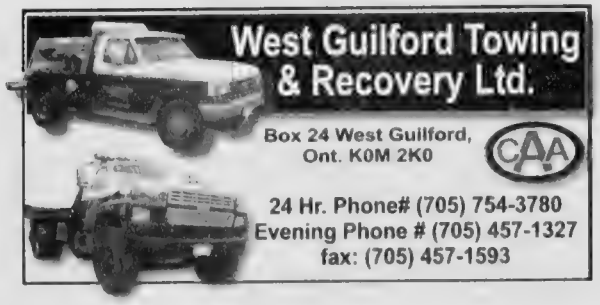
Library -"for Dummies"

Fans of the popular "For Dummies" non-fiction books will be pleased to know the Haliburton County Public Library has recently added a number of these to the collection.

Cooking, fitness, travel, pet care, finances, sports, health, computers, religion, and many, many more topics are covered in over 100 books.

Ask your local library staff for information or log on to the website at www.libris.ca/haliburton. Click on "catalogue" at the top of this link, change "titles" to "any word" and type in "dummies."

An incredible list of subjects will appear for you to request. It's as easy as that! Think smart – visit your library this week!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Old Car Cruise Night - The Last Night

Are you enthusiastic for Old Cars? Well if so, then be sure to keep your schedule open for Thursday, September 2nd. Old car Enthusiasts are going to be gathering at the town docks in Haliburton for the last cruise night. This exhilarating experience is going on from 6:30 pm until dusk.

The public is more than welcome to come along and marvel at the automotive beauties.

Have You Ever Wondered?...

Who Was More Popular – Elvis or The Beatles?

Elvis Presley first broke Billboard's top ten on February 22, 1956, with "Heartbreak Hotel," and stayed there through "Return to Sender" in the fall of 1962. Elvis had 29 consecutive releases in the top ten before he broke his streak with "One Broken Heart For Sale," which peaked at a miserable number eleven in the winter of 1963. Elvis regained the hearts and souls of his followers with his next release, "Devil in Disguise," but from there on it was all downhill for ol' swivelhips, who spent the next six years polluting the screen of drive-ins across the country in what is widely regarded as the most boring series of movies ever made. Elvis, his mind apparently irreparably damaged by the his Hollywood experience, returned to the top ten with the loathsome "In the Ghetto" in 1969.

The Beatles had eight consecutive top ten songs (from "I Want to Hold Your Hand" to "P.S. I Love You") when some shady operator at MGM records dug up the old Tony Sheridan tapes ("My Bonnie" and "Why") and tried to inflict them on the record-buying public. Knowing a ringer when it saw one, the aforementioned public held "My Bonnie" down to a deserved number 26 The lovable moptops recovered their equilibrium with "I Feel Fine" (December 1964) and hit 1.000 for the next six years, until "Let It Be" simultaneously spelled splitsville and the end of an era in 1970, leaving the score at 22 consecutive hits.

Since the Beatles' last single reached number one, it seems reasonable to assume that their string would have continued had they not broken up, whereas Presley clearly suffered a severe falling off in popularity after his six years in the limelight. But rationalize as we might, the final results remain Memphis 29, Liverpool 22.

Trail Brochures Lead You Up The Right Path

If you are wanting to get out and become one with nature, before the return of that white stuff you might want to pick up one of two great new trail brochures that guide you on the right path

The Haliburton Highlands Trails and Tours Network is struttin' its stuff this year with two new trail brochures Haliburton Highlands Trails and Haliburton Highlands Cycling. Both of these Brochures are larger in format and more colorful than the previous versions

With more trails and cycling routes listed, they are a hot item. Plans are also underway to produce similar brochures for hiking, skiing, and snowmobiling

Be sure to pick up one or both of these fabulous new items at information outlets across the county or contact the Trails & Tours office: 705-489-4049.

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1999 Honda Civic 4 Dr., 5 speed, air, cd, Under $9,000
1999 Ford Taurus SE, 4 door, auto Under $6,000
1999 Chev Cavalier, 2 dr, 5 speed, ac, Under $6,500
1999 LeBaron Convertable, white, v6, Under $3,500
2001 PT Cruiser. 60,000 km Loaded. Call !!

SUV's:

1998 Jeep Grand Charokee Larado, 90,000 kms, **SOLD**
1998 Jeep Charokee, 4 dr, 4 wheel drive, under $8,000
1997 Toyota Rav 4, awd, 5 speed, ac, 87,000 kms,

Trucks:

2002 Dodge Ram, 2500 4x4, TD slt, 86,500 km
2002 Dodge Ram, 2500 4x4, V8, Ext. Cab, 4 dr. Call
2001 Dakota Extend a Cab, 4x4, 5 speed, V6. Call
2001 Dakota Sport, short box, 4.7 ltr., V8, 5 speed. 52,000 kms.
1989 Chev Silverado, 2 wd, 8 ft. box, 155,000 kms. **SOLD**
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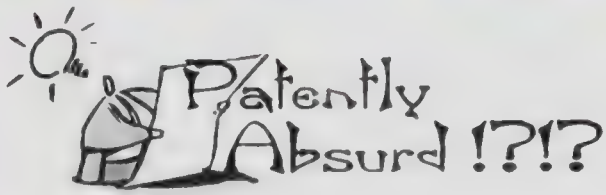
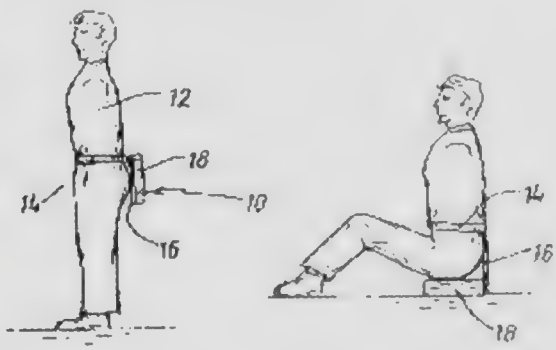


This column features real patents from real inventors, but not products we will probably seeing on the shelf too soon...

UK Patent Application No. GB2267208.

A portable seat which you wear on a waist-belt. The seat cushion 18 is pivotable between a stowed position (left drawing) and a seating position in which it hangs down so that you can sit on it (right drawing).



Woman's Day Together

The woman's Ministries of the West Gilford Baptist Church is proud to present The Second Annual "Women's Day Together," on Saturday, September 25, running from 8:30 am – 3:30 pm.

This great event is being held at the Lakeside Baptist Church, Haliburton with the theme of "Breaking Out of the Mold."

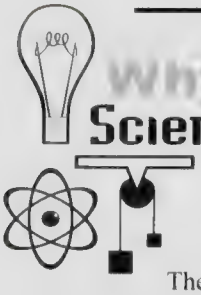
The keynote speaker is Moira Brown, who is a well-known Canadian Broadcast personality whose credits include... The Moira Hunt Show, 100 Huntley Street and Just For Parents. Special music will be by Tracey Waddell from Oshawa.

The wonderful workshop leaders are as follows: June Devolin, Ann Gillies, and Wendy Snelgrove, and the Praise and Worship Team is: Virginia Eby, Ruth Ashton, Cindy Gray from Brantford, Shirley Gojdos, and Wendy Snelgrove from Haliburton.

The cost for this event is $28.00, which includes a lunch. The last day to register is September 10th, so be sure to hurry up and save your spot. To receive a registration form, or for more information, please contact Lyn Unsworth: 457-3155.

INDIA - A school had to be closed after about a dozen students started behaving abnormally. By abnormally I mean they were fainting without a cause, waking up and acting like cats. According to the teachers, the girls have been seen clawing their own faces and meowing like felines.

"First three girls fell down when they came to school. We thought they hadn't had food so we gave them something to eat but after that also they were not normal and behaved strangely," said school headmistress Manjubala Pande. "Next day again some six-seven girls started crying, fell down on the floor making sounds like that of a cat. We immediately informed others in the village but after the faintings and behaviour repeated, we were forced to shut the school," he added. Parents say the girls have shown a little improvement but are not able to recall exactly what happened to them.



Why? Because ... Scientifically Speaking

How much do we use our hands?

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How many muscles are there in the human body?

According to the most common ways of naming muscles, there are 630 active muscle groups in the human body.

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New Business

Iron Clad Metal Works

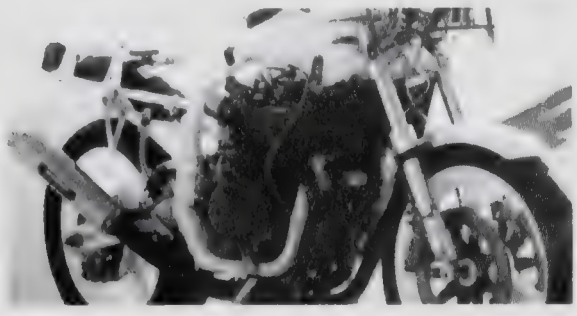
"Here's what happens," says Karla Belinda. "People bring us their wonderful ideas and we make them work." Which is why on any given day Karla and her spouse, machinist Paul Young, may be found creating anything from a coffee table to a delicate metal dodo bird complete with wispy filigrees.

Karla and Paul run Iron Clad Metal Works just outside of Carnarvon. Paul has been a master machinist for many years and his repertoire includes custom heliac welding of materials as diverse as stainless steel, titanium, and magnesium. At one time he was a major supplier to Suzuki of tubing and frames for racing motorcycles, and even today he'll happily create metal accessories for your favourite snowmobile, ATV, or golf cart, and even repair your motorcycle's bent frame. With his huge six-tonne lathe, milling machine, and tube bender, Paul has a complete top-of-the-line machine shop.

Paul and Karla make an astonishing variety of products. A short list would include ornamental railings, coffee tables, shelves, garden accessories, gates, flower boxes, custom cupboard and door handles, bed frames, garden and driveway gates, fireplace enclosures, utensil holders, security bars for business or home, wood and metal signs and even picture frames and custom settings for stain glass and other craft works. Paul is the machinist, but Karla adds her own touch to the delicate metal flower moldings and designs. And she's particularly good at encouraging customers "to bring to life your plans and ideas, using your own imagination." Karla even allows customers to help her, if they wish, in creating the final effects on some unique pieces.

Both Karla and Paul often bring new twists to the most mundane-sounding jobs. The designs they create for security bars, for example, can add an interesting and unique element to

Iron Clad cont'd... pg 17...



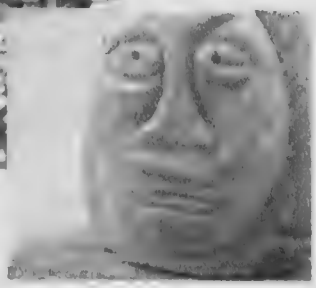
Iron Clad Metal Works cont'd...

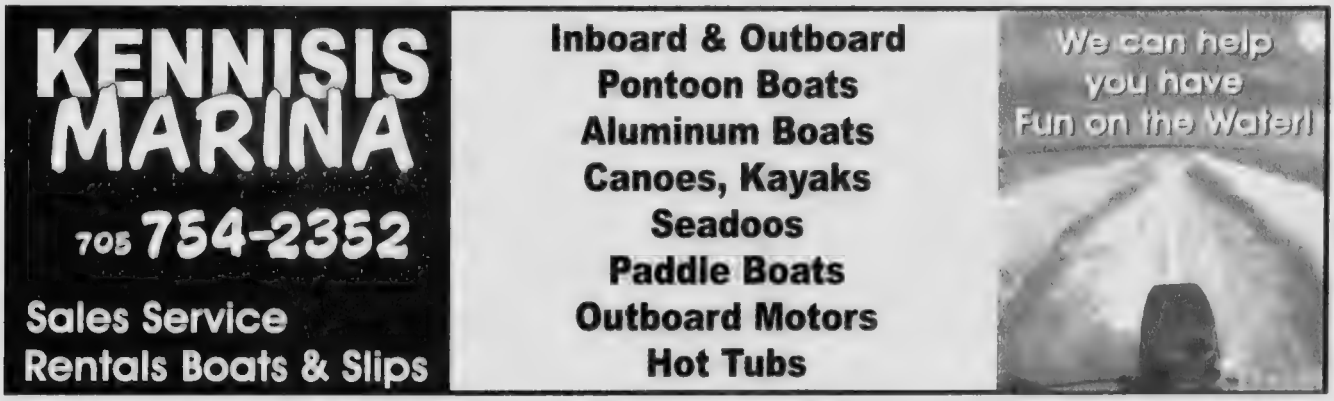
... from pg. 16

a house or store. They approach each commission as a new piece, newly designed by and for the customer. They live by their motto: "You Design It – We'll Make It!" and "Give us a Break - We'll Fix It!"

Just recently Karla and Paul were invited by the Arts Council of Haliburton to demonstrate their techniques and show their works on Highland Street as part of the Council's Art Demonstration series. Karla took the opportunity to present some of her new work, this time in the form of stone sculptures.

Karla and Paul are available for business by appointment only at 705 489-4162.





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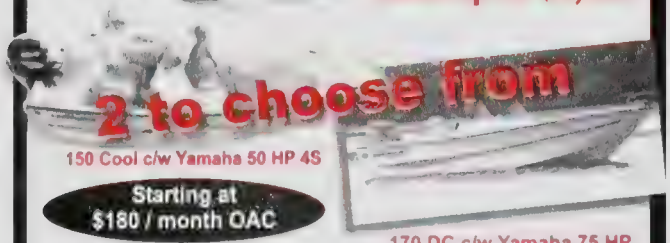

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Starting at $180 / month OAC
~~$17,399~~ $12,995

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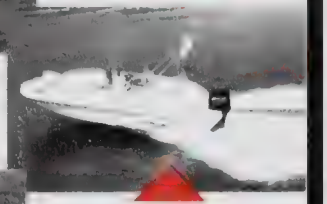
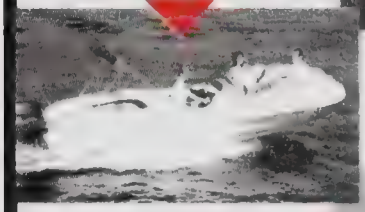
Doral 170 Sunquest c/w Mercury 115 4S
~~$24,247~~ **$23,300**



Starcraft Aurora Deckboat c/w Mercury 115 Optimax
~~$33,638~~ **$31,859**



Thundercraft Fundeck c/w Mercury 115 Optimax
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Thundercraft 190 Magnum c/w Mercury 115 Optimax
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Believe It Or Not!

Decisions, Decisions...

Adolf Hitler's mother seriously considered having an abortion but was talked out of it by her doctor.

Come Out & Play....

The Beatles song "Dear Prudence" was written about Mia Farrow's sister, Prudence, when she wouldn't come out and play with Mia and the Beatles at a religious retreat in India.

1 out of Tons of Dentists Recommend ...

Sugar was first added to chewing gum in 1869 by a dentist, William Semple.

The First "Big Canuck"...

The first McDonald's restaurant in Canada was in Richmond, British Columbia.

"Butter... Parkay.. Butter... Parkay...."

In Quebec, there is an old law that states margarine must be a different color than butter.

I'll have to go check that out... soon...

Cuba is the only island in the Caribbean to have a railroad.

I'll be glad to go check that out as well...

Jamaica has the most churches per square mile than any other country in the world.

Any Takers To Beat The Record?...

A Czech man, Jan Honza Zampa, holds the record for drinking one liter of beer in 4.11 seconds

Ah... You're Hired...

The fastest typist can type at 211 words per minute.

Set To Make Me Stop at EVERY intersection...

Toronto was the first city in the world with a computerized traffic signal system.

Someday, Maybe, The Communicator Will Franchaise & Hold This Record..... (hold breath..)

The largest employer in the world is the Indian railway system, employing over a million people.

I Wanna Hear That Conversation When The Police Ask... "Name Sir"

California has issued 6 drivers licenses to people named "Jesus Christ."

Ready... Aim... (Consult with seeing eye dog) and Fire...

In 1997, Michigan became the 16th state to allow the blind to hunt.

They Die After Enduring A "Big Canuck..."

The average life of a taste bud is 10 days.

Ready... Aim... (Consult Doctor) .. and fire...

The human heart creates enough pressure to squirt blood 30 feet (9 m).

Scout Program Alive and Well in Minden & Haliburton - Sign Up In September

Scouts Canada, the country's leading youth organization, offers fun and exciting outdoor adventure for boys, girls and youth age 5-26 in communities across Canada. Over 100,000 young people enjoy Scouts Canada's programs, which are provided by 30,000 caring and dedicated volunteers. In Haliburton County, the Scouts program is alive and well and September is time to sign your children up for this exciting and memory making adventure.

In Minden, registration for the Scouts program takes place on September 8th from 7 – 8 p.m. at the Minden Arena. In addition, the Minden chapter is seeking leaders to volunteer their time for this great program. It's a great chance to help some kids and you'll be creating ever-lasting memories for both you and them (every boy and girl remembers their scout & girl guide days!).

For more information, or to become a volunteer, contact: Janet at 286-6979, or Bryan at 286-4449 (evenings).

In Haliburton, as of press time we were not sure of the signup date, but it usually takes place in Mid September as well. The contact for scouts in Haliburton is Tim Mayhew at 457-9638. The program is usually run every Wednesday evening at the arena (upstairs) - Beavers meet at the Library (basement).

There is a cost to join, but for those who find the registration fee a financial hardship, there is assistance available. "We don't want turn kids away," says Tim.

The Haliburton chapter is also available for youths in the Highlands East area. There is currently no scout program offered in this location locally. "We get a lot of youths from that area now since that chapter closed," says Tim.

Girl Guides, Sparkes, Brownies & PathFinders

September is also reg. time for the Girl Guides. At press time, the exact dates for Minden & Haliburton reg. were unknown. For info, contact Nancy Watson at 457-1794.

In Wilberforce, registration is September 9th at the Lloyd Watson Centre from 7 - 8 p.m. Contact is Kathy Rogers - 448-2419.

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OR GEAR UP INTO
250 HP SUBARU LEGACY GT

ADDITIONAL LEGACY GT FEATURES

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MINDEN SUBARU

Wedgewood Marina Designated "Clean Marine Eco-Rated Marina"

"Each marina must pass a comprehensive environmental audit to ensure compliance with the program standards..."

Robert and Colleen Vassos have owned the Wedgewood Marina on 12 Mile Lake for only a year and two months, but already the new owners have made a kind of history. They are one of only 150 marinas in Ontario that have been officially designated as a Clean Marine Eco-Rated Marina and can proudly fly the official Ontario Marine Operators Association (OMOA) environmental flag.

Wedgewood's commitment to the Clean Marine program is substantial. Each marina must pass a comprehensive environmental audit to ensure compliance with the program standards. Colleen recalls the independent auditor's visit last fall. "They check out everything to do with your gas tank placement and delivery systems, all disposal procedures involving old gas, antifreeze and used oil, and used battery disposal. They even check out your pesticide use on lawns near the water (not allowed)." Robert adds, "All flammables must be stored in a special tank and disposed of by properly accredited companies."

There are also little, but important, touches. For example, Colleen has provided a special mat next to the gas pumps that absorbs any spillage when a boater fills up a portable gas tank to ensure no gas gets into the ground or the water.

Each participating marina is audited by an independent third party firm licensed by Environment Canada and the audit is repeated every two years to ensure the owner is maintaining the very rigorous standards. The auditor provides the marina owners with a detailed report on their compliance. The OMOA then awards the successful marina with the coveted environmental flag, which has between one and five Green Leaf Anchors. The OMOA states, "Whether awarded the single Green Leaf Anchor or the maximum five, a marina's participation and rating demonstrates their commitment to the protection of our waterways and marine life."

The first audit for the Vassos' and Wedgewood Marine resulted in an award of two Green Leaf Anchors, with the next testing set for next year. Don't bet against the marina getting more in the future. The OMOA publishes a Clean Marine manual, which outlines over 200 environmental practices that cover all aspects of marine operations, even including office paper recycling (which Robert and Colleen also practice). They also sell a complete line of Clean Marine eco-rated environment-friendly marine cleaning and polishing products.

As Colleen says, "The program really represents a systematic way of looking at our environmental responsibilities as marina owners and boaters. It really requires a whole new attitude."

The OMOA has now started a new program for individual boaters called the Clean Boater Program which includes membership cards, decals, newsletters, and service and product discounts. Wedgewood Marina, as a Clean Marine member, is now authorized to carry out Environmental Boat Inspection for individual boat owners. To qualify,

Wedgewood cont'd... pg 21...

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LIVE BAIT
AND TACKLE
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Tough Duck Clothing
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or call toll free 1-866-KAYAKS-0

GHOST STORIES

The following is a fun little column for those who like ghost stories... Whether these are true or not we don't know, but they are stories told by those who believe they saw real ghosts.!! If anything, they do make for interesting little stories... enjoy

White Otter Castle, Turtle River Provincial Park, South of Ignace, Kenora

In 1903 Jimmy Mcouat (an eccentric, hermit) arrived on the shores of White Otter Lake between Ignace and Atikokan in Northwestern Ontario. He was a mysterious fellow and not much is known about him prior to his arrival. Legends swiftly circulated about Jimmy, but one thing is generally accepted as truth, and that is he did not wish to "die in a shack." So he set about constructing a "castle" built of logs. White Otter castle has been described as resembling a "three-storey" Dutch-style house with a four-storey tower. It is quite a sight to see.

In 1918 Jimmy passed away as mysteriously as he had lived. He apparently drowned while fishing in his beloved lake. Reports are that Jimmy's body was decapitated when found and stranger still that his grave actually contains the remains of a bear and not the eccentric bushman.

From the time of his death there have been reports of Jimmy Mcouat's (pronounced Mckewitt) apparition being sighted near his "castle" and the lake. Others simply reported an eerie feeling of his "presence" lingering on. The structure itself was slowly becoming a ruin when in 1984 the Friends of White Otter Castle incorporated and began a vigorous conservation project. Today tourists may visit this most interesting spot and perhaps even glimpse the spectre of the mysterious Jimmy Mcouat.

Wedgewood cont'd...

... from pg. 20

for a start, the bilge area must be free of oil, gasoline, or diesel deposits. For further information pick up a brochure at Wedgewood, or visit www.cleanboater.com

Wedgewood Marina employs 14 full-time staff during the summer months and 5 during the winter. It provides a complete sales and service environment for outboard and inboard motors, snowmobiles, and ATVs. Wedgewood sells the Starcraft, Dorel, Thundercraft, and Tempest boat lines, as well as the smaller Legend fiberglass boats as well as a wide range of outboards and inboards from Mercury, Volvo Penta and Yamaha. They also sell and service a full line of Yamaha snowmachines and ATVs, and of course store all manner of boats during the winter.

And who could forget their super-busy burger, wings, chips, and ice cream store right next to their launch dock?

Wedgewood Marina is open Monday to Saturday from 8:30 to 5:30, Sundays from 9 to 5. During the winter months they're closed Wednesdays. You can reach Robert, Colleen, and their staff at 705 489-2320.

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I Swear To Tell The Truth...

This column has tidbits of real transcripts from real court cases. In other words... the following statements were actually made in a real court of law. Enjoy...

"Do you recall the time that you examined the body?"
A: "The autopsy started around 8:30 p.m."
Q: "And Mr. Dennington was dead at the time?"
A: "No, you dummy, he was sitting on the table wondering why I was doing an autopsy."

Trail Signage and Maintenance Workshop

If you own property or trails and are looking to make them accessible for use, then this is the course for you.

The Sir Sandford Fleming College, Haliburton is holding a one-day workshop that will provide you with a framework to develop your own trail signage plan.

This is the 3rd course of a series of workshops that has been held, so if you've already done the others don't stop now, and even if you haven't this course could still be perfect for you.

"This course is for people who work for different areas in Ontario who are looking to build any sort of trails, or simply for anyone who has trails, or property," says Susan Little.

They ask that you please bring maps of a trail to use as a case study in order to develop a trail signage plan. The topics that will be covered in this program are as follows: signage material, cost, standards, layout, function and format, and vandalism.

The course is instructed by Al MacPherson and runs on Friday September 24th at 9:00 am – 4:00 pm, the cost is $60.00.

All students will receive the Haliburton Highlands Trail Development Manual, which will be provided by the Haliburton Highlands Trail and Tours Network for no charge. The value of this provided manual is approximately $50.00).

Grab your maps and be sure you don't miss out on this informative course. For further information or to register contact Sir Sandford Fleming College: 705-457-1680, or you can fax them at: 705-457-2255.

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Canadian Firearms and Hunter Course

Interested in learning more about hunting and firearms? Then get ready for a riveting Canadian Firearms and Hunter Course at the Fish Hatchery, which is located on County Rd. 1 just outside of Haliburton. You will come across a large sign saying "HHOA Fish Hatchery".

If you decide that you would like to take both courses at the same time, then it's considered a "One-Stop" and is much easier and cheaper in cost. The one-stop is $150, and includes the price of the books and tests. If you decide that you would rather do the courses separately, the price is $100 per course.

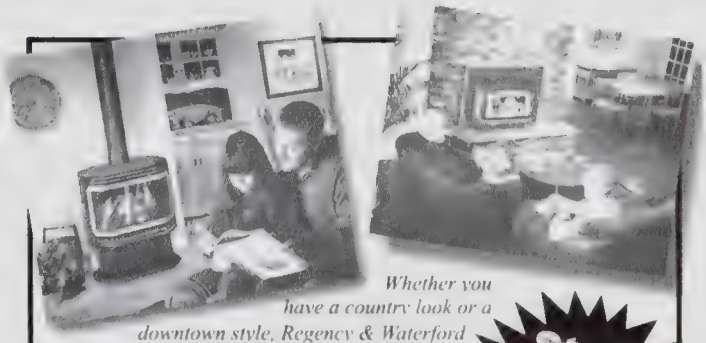
The Firearms course is usually taken first and will run on September 4th-5th, with an 8 hour day followed by a 4 hour morning - the manual test will be given that afternoon while the information is still fresh in you mind.

The Hunter course will be taking place the following weekend from 8-5 on the Saturday until noon of Sunday. You will then write the true/false, and multiple-choice test.

Feel free to head to Haliburton for lunch, or if you'd rather, you can pack yourself a brown bag lunch. Make sure that you remember to keep your book in the shape they were handed to you, because if you do so, they will be free of charge at the end of the course.

Worried about your safety? Well don't be, because they want to make this a safe and enjoyable course for everyone. "We make sure that all of the firearms are disabled so that no one is injured," states Harley.

To register for this exciting experience, or for further information, contact Harley: 705-454-1982.



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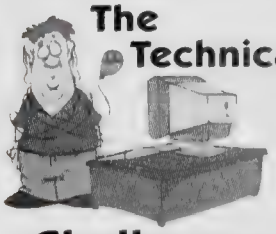

Tech Support: "What does the screen say now."
Person: "It says, 'Hit ENTER when ready'."
Tech Support: "Well?"
Person: "How do I know when it's ready?"

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THAT'S LIFE ...

by the Bashful Comic

Why Men Are Much Happier

* Your last name stays put.
* The garage is all yours.
* Wedding plans take care of themselves.
* Chocolate is just another snack.
* You can never be pregnant.
* You can wear a white T-shirt to a water park.
* You can wear NO-shirt to a water park.
* Car mechanics tell you the truth.
* The world is your urinal.
* You don't have to stop and think of which way to turn a nut on a bolt.
* Same work, more pay.
* Wrinkles add character.
* Wedding dress $5000. Tux rental - $100.
* People never stare at your chest when you're talking to them.
* The occasional well-rendered belch is practically expected.
* New shoes don't cut, blister or mangle your feet.
* One mood - all the time.
* Phone conversations are over in 30 seconds flat.
* You know stuff about tanks.
* A five-day vacation requires only one suitcase.
* You can open all your own jars.
* You get extra credit for the slightest act of thoughtfulness.
* If someone forgets to invite you, he or she can still be your friend.
* Your underwear is $8.95 for a three-pack.
* Three pairs of shoes are more than enough.
* You almost never have strap problems in public.
* You are unable to see wrinkles in your clothes.
* Everything on your face stays it's original colour.
* The same hairstyle lasts for years, maybe decades.
* You only have to shave your face and neck.
* You can play with toys all your life.
* Your belly usually hides your big hips.
* One wallet and one pair of shoes - one colour for all seasons.
* You can wear shorts no matter how your legs look.
* You can "do" your nails with a pocketknife.
* You have freedom of choice concerning growing a mustache.
*You can do Christmas shopping for 25 relatives on December 24 in 45 minutes.

No wonder men are always so much happier!

Did you know that September 14 - 20th is LEGION WEEK. Check with you local Legion to see what's happening during Legion Week.

Letters from the Soul

A Collection of Poetry, Short Stories, Sketches, and other Creative Works.

This is a new column that we are providing for all you creative people out there. We will be accepting submissions of poetry, short stories, etc., Feel free to send along your creative works - students, kids, adults... everyone is welcome to submit something. See pg. 4 under 'who we are' for mailing details.

On Angel's Wings

By Natasha Mackesy

God saw you were getting tired,
And a cure was not to be,
So he embraced you in his loving arms,
And whispered "come to me."

With Tearful eyes I watched you,
And saw you slowly pass away.
Although I loved you so dearly,
I could never make you stay.

A golden heart stopped beating,
Hard working hands at final rest,
God broke our hearts to prove to us,
That he only takes the best.

For 14 years you were always there,
Each and everyday showing me you cared.
When I was little I looked up to you,
Putting on your shoes, and trying to act like you too.

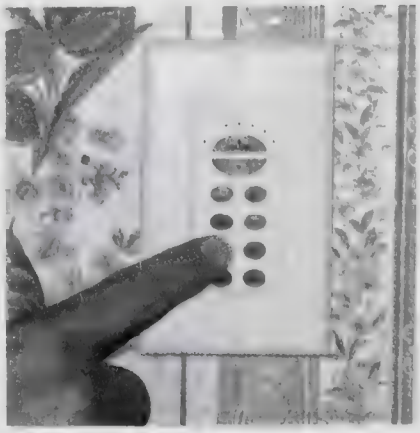
On angel's wings, you took a heavenly flight,
I kiss the sky that holds you tight.
You shut your eyes for one last peaceful sleep.
The memories of you I'll forever keep.

HIGH TECH in the HIGHLANDS

Get "Wired"

McKee Can Wire Your Home For Sound & More...

Once upon a time, not so long ago, wiring your home meant making decisions such as where should the stove go, and why should the kids have a phone jack in their room? Important, but not too complex.



Nowadays, home wiring represents the essential information infrastructure for homes, cottages, and businesses new and old. How would you go about connecting your phone lines, computers, CD and DVD players and amplifiers, Digital Video Recorders (DVR) for security systems, satellite dishes and their receivers, Fax machines, X-boxes, and the doorbell?

And why shouldn't Junior listen to a CD in the shower, while you tune in the hockey game in the living room, your spouse checks email on the Net, Grandpa plays with the X-box in the basement, and all the while the DVR is checking up on Rover's progress in the back yard?

Before the migraine sets in, you might just want to call McKee Security and Telephone Systems for some help. Maurice McKee, a long-time Bell employee, started the company in 1994 and initially concentrated on cottage, business, and home security alarm systems. Break-ins, power failures, equipment failures could all be monitored and reported immediately, either to the police, if requested, or to a neighbour, or to the cottage owner in Toronto, for example. The McKees would be informed as well, if requested, and could head out immediately to find the trouble. Many locations also use DVRs to record and save on video any activity on the property.

The business has now expanded to include all of the wired and indeed wireless world. Maurice's son Dennis and daughter-in-law Brenda joined the company full-time two years ago and McKee's now provides full structured wiring systems and highly sophisticated and effective home audio distribution systems.

Home Audio Distribution:

The home audio distribution systems use a Nuvo amplifier that delivers six different audio sources to up to eight different "listening zones" in your house. Each room, or zone, has its own discreet and attractive Display Pad on the wall which is controlled by its own IF, or infrared remote. The crystal clear digital sound the Nuvo system delivers is clean and pure at any volume. And each individual Display Pad can be programmed so that the sound, from your CDs, DVD, satellite or whatever, fits the precise audio characteristics of each room.

Structured Wiring:

The McKees also provide what's called "structured wiring" for homes and businesses that provides neat, organized way of distributing and networking your phones, computers, and satellite signals. These systems are essential for families who want to share one printer with three different computers, for example, or if you want to distribute your internet signal to different computers, or even turn your home security system on or off from your office at work. The system utilizes what's called Category-5 wiring for super fast voice and data transfer, and RG-6 cabling for video signals.

Both structured wiring and home audio distribution systems are obviously most easily installed in new houses, or during renovations, but they can also be retrofitted quickly and

McKee cont'd... pg 27...

McKee cont'd...

... from pg. 26

efficiently. The McKees, ably assisted by audio expert Grant Russell, also sell and install complete home theatre and satellite packages with surround sound and your choice of Dolby 5.1 to 8.1 or DTS systems.

When people think security systems they automatically picture alarms and sirens and the like. But the McKees also provide a kind of house babysitting. They can install low temperature alarms to prevent pipe freeze up while you're in the city or on vacation, monitor the sump pump in the basement, and wire your systems so that you can have the cottage warm and cozy when you arrive. And check up on the snow banks outside with your handy DVR.

McKee Security and Telephones are a local, Haliburton company that has a direct connection to all its customers, and provides data and security services that equals or exceeds those of the big national and international companies. They can be reached at 457-2156.

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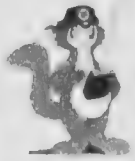

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bad predictions

In 1789, author Nicolas-Edme Restif de la Bretonne wrote a play called The Year 2000. In his vision of the future, marriages are arranged with the bridegrooms chosen by a council of elders according to merit. Married couples are kept apart for years to ensure the survival of their passion. There are no lawyers, and society as a whole, ruled by a fair and virtuous king, is Utopian. One of the King's lines: "In the year 2000, virtue never goes unrewarded!"

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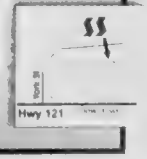

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Crime Flashback

by Max Haines

UNDER HER SPELL - "WILL A HYPNOTIZED PERSON DO SOMETHING THEY ARE MORALLY OPPOSED TO?" ASKS MAX HAINES IN CRIME FLASHBACK

PENELOPE BAMFORD was only 17 when she wed Alan Mitchell on April Fool's Day in 1971. Penelope had jumped at the chance of marriage for the very good reason that she came from a family where child abuse was the norm rather than the exception. Her dad was a drunken lout who regularly beat his wife and children. He was happy to learn that he would have one less mouth to feed.

Penelope and Alan settled into a small but comfortable home in Paarl, South Africa, a city famous for its exported wine in less troubled times. For 10 years, the Mitchells led an apparently happy life. There were two additions to the family, daughters Natalie and Jane.

Now, I'll let you in on a little secret. By the time Alan was 44 years of age, his sexual interest in his wife had diminished to such an extent that it was almost nonexistent. Penelope, 27, was diametrically opposite to her husband when it came to the birds and bees. Folks, the woman was frustrated.

It was quite a shock to neighbours Natalie and Harley Brown when they heard Penelope give a blood-curdling scream shortly after Alan had driven up to his home.

The Browns dashed outside and observed Penelope standing over her husband's fallen form. His head had been split open and he was near death. So near that he died shortly after being rushed to hospital.

Detectives were soon at the scene searching for the murder weapon. Whoever had killed Alan had apparently carried away the instrument of death.

When questioned, the Browns told a straightforward story of having heard Penelope scream and of running to assist her. They were immediately eliminated as suspects in the case. Penelope, who was under sedation, told of having heard her husband slam the door of his car. When he had failed to enter the house, she had gone outside and had found him on the path beside a hedge.

SEVERE WOUND

Dr. Brian Cheevers, the criminal investigations' medical officer, examined the body. He told detectives that the blow to the back of the head had probably been delivered by a hatchet. Because of the severity of the wound, he felt that the murderer had most probably been a man. Penelope, a petite woman, had never really been considered as a suspect. She was now totally dismissed.

Police had difficulty establishing a motive for the murder. Alan Mitchell was not a wealthy man. He carried only enough insurance to provide a decent burial.

Nothing had been removed from his person at the time of the

Haines cont'd... pg 29 ...

Max Haines Cont'd...

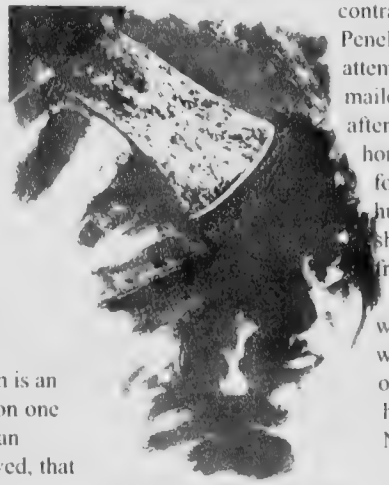
... from pg. 28

attack. His friends and relatives were checked out. He had no known enemies. Yet someone had waited for him behind a hedge in front of his home and had savagely taken his life.

The Mitchells' family life was investigated. There was no hint that they were anything but a happy, loving couple. The only thing a bit unusual was Penelope's hobby. She had received some local acclaim as a hypnotist.

Penelope held meetings at least twice a week in her home. When she had good subjects, she often had them act out ridiculous scenes and find hidden objects.

Everyone enjoyed the entertainment. Besides, she didn't charge for the fun.



Noel came around and discovered he was standing in front of the Mitchells' house holding a bloody hatchet

DELIVERY BOY

Discovering that the wife of a murder victim is an amateur hypnotist didn't help the investigation one little bit. However, when detectives received an anonymous tip that a butcher might be involved, that was a different matter.

Police checked out where the Mitchells usually purchased their meat. They found that the butcher, a man named Borken, was over 70 years of age and only 5-foot-4. Borken could not have inflicted the fatal blow, but his delivery boy was strong, good looking Noel Hatting.

For some time police couldn't figure out why no one in the Mitchells' neighbourhood had reported seeing a stranger. They surmised that the killer must have been someone who wouldn't be noticed, someone who had every right to be there, someone like Noel Hatting.

Noel was taken into custody and questioned. He had quite a story to tell. He stated that he had been having intimate relations with Penelope for some time. They were usually rushed affairs, due to the fact that her husband and two children had to be out of the house. Whenever he made a meat delivery, Noel also delivered other goods to Penelope. The first time he had delivered meat, Penelope had seduced him. She had told him that her husband wasn't interested in sex. Conversely, she just loved it. Noel was her boy.

Penelope had also told her lover that divorcing her husband was out of the question. Alan was a deeply religious man who would never consent to a divorce. When Penelope suggested that the only way to get rid of Alan would be to murder him, Noel was aghast. He would never be a party to murder.

On the day of Alan's murder, Penelope had hypnotized him. He was an excellent subject and had often allowed her to put him under in the past. This time, he came around and discovered, to his consternation, that he was standing on the path in front of the Mitchells' house holding a bloody hatchet. Alan Mitchell was lying at his feet with a horrible wound in his head.

BLOOD-SPATTERED CLOTHING

Penelope told him that he had killed Alan, but that everything would be all right. She took the hatchet and urged him to go home, wash, and burn his blood-spattered clothing. She had promised to hide the hatchet and had assured him there were now no obstacles to their being together forever.

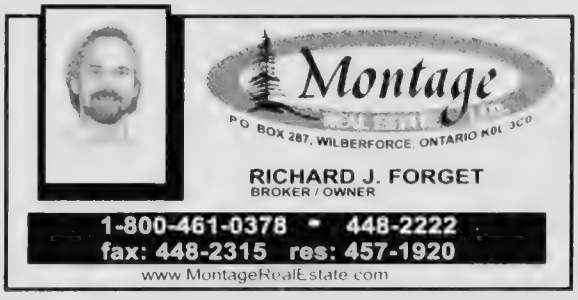
Noel claimed he had no recollection of the actual killing. Dazed and confused, he had thrust the hatchet into Penelope's hands and had run home.

Penelope was taken into custody. Her story was in sharp contrast to the one told by her lover. According to Penelope, it was Noel who had seduced her. She had attempted to break off their affair, but Noel had blackmailed her by threatening to tell all to her husband. On the afternoon of the murder, she had heard her husband arrive home. When she had gone outside to greet him, she had found Noel, bloody hatchet in hand, standing over her husband. She had not told the true story earlier because she felt Noel would implicate her. She feared separation from her children and life in prison.

There you have it; two diverse stories, but the police were not taken in by either yarn. Experts agreed that while Noel was an excellent subject for hypnosis, no one could be pursuaded to do something under hypnosis to which they were morally opposed. No, Noel had known full well what he was doing.

Detectives proved that the murder weapon belonged to the Mitchells. Noel could not have obtained possession of the hatchet without Penelope's knowledge. The two conspirators had planned and executed the murder together

On Jan. 8, 1982, Penelope Mitchell and Noel Hatting were found guilty of murder. Each received 15-year prison terms.



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STRESS BUSTERS

Quick Tips To Lower That Stress Level

Massage is Good...

Massage has been used for centuries to ease pain and tension and to promote healing. Following are some specific ways a therapeutic massage may help you; By providing relief from the pain and stiffness of arthritic joints, by lowering hypertension, by reducing anxiety, by improving blood circulation, by allowing more oxygen circulation, by allowing more oxygen to get to the brain and other tissues, and by triggering the release of endorphins, the body's "feel good" chemicals.

De-Clutter a Little at a Time...

Does all the clutter in your home contribute to your stress; by getting rid of it seem like an overwhelming project? Don't feel you have to do it all at once. Instead, just deal with one room each month. Go over each table, shelf, drawer, and closet, and honestly assess what you can live without. (Hint: If you forgot you even had it, you can live without it.) Have a garage sale with what you cleared away, or give unable items to a local shelter or organization like Goodwill

Osteoarthritis Information Session Beneficial for All

Did you know that there are 100 kinds of arthritis? Osteoarthritis, OA, is the most common type. By 70 years of age, eight out of ten Canadians have OA in at least one joint (finger, hips, knee).

The Haliburton Highlands Health Services, Physiotherapy Department, along with The Arthritis Society, is offering a 2-hour information session to explain this form of arthritis, and help answer some of your questions about Osteoarthritis.

The next session will be on Tuesday, September 14th from 10:00 am – 12:00 pm. If you are interested in coming out to a session, or would like more information, please call the Physiotherapy Department: 457-1392 ext. 226.

Need A Ride?... Home Support Can Help!

Do you have a medical appointment out of town? Do you hate the thought of driving to Toronto or any other larger city? Haliburton County Home Support is only a call away.

Home Support is a non-profit organization of registered volunteers providing services to seniors over the age of 55 or to the physically disabled adults over the age of 18. Home Support has been providing much needed services for almost 25 years. A friendly, reliable Home Support volunteer will provide you with transportation at a subsidized cost… call 457-2941, to solve you transportation needs, that's 457-2941.

Curves Celebrating 2nd Anniversary with Special Open House!

Curves is thrilled to be celebrating it's 2nd anniversary and you can benefit from this happy occasion. Owner's Leona Smith, along with her daughter Carlene Smith, will be holding an open house on September 3. Not only do the first 50 people receive a beautiful carnation, but all who attend have the chance to cash in on a special "sign up" rate. "We're offering the same deal we did when we first opened – 60% off the service fee for that day only," says Leona.

There will also be a special draws for Curves merchandise all day for members, and a couple grand door prize draws, one for dinner for two at the Peppermill Restaurant in Carnarvon, and one for 2- 30 minute massages, courtesy of Relax with Lisa.

For former members, there is also a special offer – see Leona for details.

Curves, located under Marty's Health Food store on the main drag in downtown Haliburton, has come a long way in a year. They now boost over 200 members who are benefiting from their fitness program. Their unique exercise program makes it easy. You warm-up, perform cardiovascular and strength training, cool down and stretch. That's a complete workout in just 30-minutes, "and it's fun!" says Leona.

There are currently more than 6,000 Curves worldwide, and one is right here in Haliburton County. Be sure to stop in and say hi to Leona & Carlene, and see what they can do for you.

You can reach Curves at 457-9256.

Fall Aquasize Classes Starting Soon

The Haliburton County Home Support Services is now holding Fall Aquasize classes! So grab your swimsuit and be ready to get fit while having fun.

There are two different days available, so you can pick whichever one fits your schedule best. This program runs from September 13th December 6th and offers 12 lessons; you can choose Monday classes and/or Wednesday classes from 9:30 am until 10:30 am.

The Monday class instructed by Aileen Bruce begins September 13 (excluding Thanksgiving) and the Wednesday class is being instructed by Lynn Higgs-Thompson and starts on September 15th.

These fun filled classes are available to persons 55+ and/or physically disabled 18+. Space is limited to the first 8 participants, so hurry up and register before September 8th.

The price for these classes are as follows: One Day Per Week- fee with Activity card: $120.00, and without Activity card: $148.00. Two Days Per Week: Fee with Activity Card: $240.00, and without Activity card of $296.00.

The cost for an Activity Card is $15.00 per year. Call now classes fill up quickly! For more information contact Ida: 457-2941.

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Beside Whisper's North Gallery 286-4260

Haliburton Official Teaching Practice For New Doctors

We all want to have our own, personal physician, our own "family doctor" who knows you as a person as well as a patient. Despite the chronic shortage of family physicians in rural areas, including this one, most Haliburton residents are lucky enough to have a family doctor of their own. And even if, on any given day, your own doctor isn't available, Haliburton Family Medical Services provides a walk-in clinic where at least you'll find a close colleague of your own physician. Or, on certain days, someone, usually pretty young, whom you've never seen or heard of before, may be helping out.

Dr. Hartwick

If you have frequented the walk-in clinic or hospital emergency room and keep seeing new faces – the answer is simple. Haliburton Family Medical Services is one of 25 practices in Ontario that are official "teaching practices" allied with the University of Toronto Medical School's Family Practice Program. Since the late 1980s, under the direction of Dr. Karl Hartwick, one of the founders of Family Medical, young doctors in their second year of residency, i.e. with an MD plus one year, have been spending one to two months living and working in the community. Over the average year, between 10 and 14 interns take the program.

Dr. Hartwick says, "all the doctors in the clinic are involved: the residents have a schedule similar to the doctors, dividing their time between office visits, emergency room duties, obstetrics, acute and long term care institutions, even house calls. The idea is to expose them to the whole spectrum of activity in a rural practice, including the lifestyle of local practitioners, the hours, the different disciplines needed, and of course the recreational opportunities and off hours fun that Haliburton offers."

Dr. Hartwick has had a faculty appointment with the University of Toronto since the late 1980s, and besides being the "preceptor" in charge of the program here, he also supervises the University's entire rural practice initiative.

The young residents who come to Haliburton are invariably impressed with the facilities and personnel available here. Dr. Craig Donaldson first arrived in Haliburton as a resident during July and August of 2002. "I was totally impressed with just everything here, the hospital facilities, the computerized offices, the knowledge base, just how up-to-date everything was."

"In emergency, you see the same traumas you see in Sunnybrook, except that the trauma unit is just you, the nursing

Doctor Training cont'd... pg 33 ...

WHO'S MORE AT RISK FROM WEST NILE VIRUS?

The chance of getting sick from West Nile virus increases as you get older.

No matter what your age, protect yourself and your family this summer:

Cover up:
- Avoid mosquitoes that can spread West Nile virus
- Use insect repellent with DEET
- Wear long pants and long-sleeved shirts when outside

Clean up:
- Remove standing water around your home
- Clean up areas where mosquitoes breed
- Check that screens to the house are in proper repair

FIGHT THE BITE!
PREVENT WEST NILE VIRUS.

To learn more, call your local Health Unit office at (705) 457-1391 or visit www.hkpr.on.ca

HKPR Haliburton, Kawartha, Pine Ridge District
Health Unit

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Open Monday to Saturday 9am - 6pm
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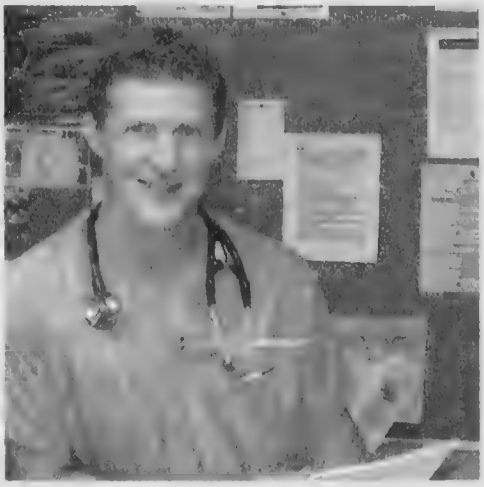
Area Benefits From Training Program

... from pg. 32

staff, and the local family physicians. I was so appreciative of the unquestioning help that was always available from the clinic doctors here. And as well with the help available from specialists on the phone. For someone like me, who was particularly interested in emergency work, it was absolutely the best of both worlds."



Dr. Donaldson

The unique character of a small town practice and hospital was also impressive. At an emergency or walk-in clinic in Toronto for example doctors and nurses could go months and years before they saw anyone they actually knew. It took Dr. Donaldson a little while to get used to how close knit this community can be, and how many patients are at least acquaintances of nursing and hospital staff.

Dr. Donaldson is now a long-term locum, serving the community for six month stretches at a time, and in the other six months serves at the clinic and emergency one day each a week. Would he like to become a permanent Haliburton resident? As with so many young doctors, family situation is the determining factor, and at the moment permanent residency here doesn't yet fit. But you certainly get the impression that it soon might.

The residents lucky enough to train here usually go on to other practices for permanent employment. Dr. Hartwick points out that "the most significant predictor of where people eventually practice is where they're from. And since rural origin is under-represented in medical schools, we don't get what might be seen as our fair share."

Why don't more young people from rural areas become doctors? Money is certainly a factor since rural areas are simply less wealthy than cities and suburbs. A full 20 percent of Ontario's young people live in rural areas: yet only 8 percent of medical students come from those areas. And with tuition fees at medical schools rising to a cool $17,000 per year, that isn't likely to change soon.

Still, the success of the resident program, supported so strongly through the years by our local doctors, patients, and hospital staff, certainly can't do the County's already first-rate medical reputation any harm.

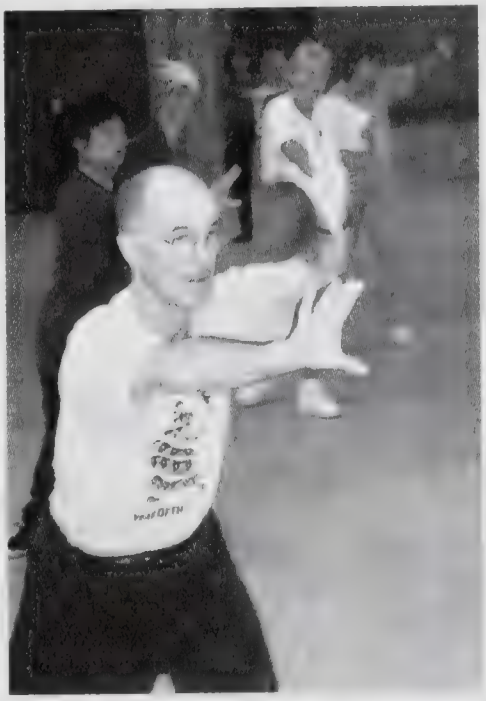
So be sure to be nice to that next very young face you might see at the clinic. In a few years, he or she just might be our next, precious, family doctor.

Next time you see that new face at the hospital or medical centre, remember, you are helping a future doctor at the same time that doctor is helping you!

Taoist Tai Chi Beneficial For Restoring Health in People of All Ages

It's composed of a series of 108 gentle, fluid whole-body movements...

The Taoist Tai Chi Society held an afternoon of exercise and socializing for the members of the Peterborough Branch at the Lloyd Watson Centre in Wilberforce on Sunday, August 29th.



Members from Haliburton, Minden and Wilberforce hosted the event, which was also open to members of the Lindsay Branch. This event was also held for the purpose of fundraising. The Taoist Tai Chi Society is a charitable organization and raises funds for our charitable aims and objectives. Tai Chi is an ancient Chinese exercise popular worldwide.

Taoist Tai Chi is a style of this art brought to Canada by Taoist monk, Master Moy Lin Shin, in 1970. It is composed of a series of 108 gentle, fluid whole-body movements. The unique gentle turning and stretching movements of this style are especially beneficial for restoring health in people of all ages and abilities.

The slow, graceful movements relax and strengthen both body and mind in what sometimes is called meditation in motion. Advocates report that Taoist Tai Chi has helped sufferers of high blood pressure, arthritis, stoke, back pain, digestive disorders, allergies, insomnia and migraine headaches.

Both the Parkinson Society and Multiple Sclerosis Society endorse the discipline for its health-improving qualities. Dr. Bruce McFarlane, a physician and medical director at the Taoist Tai Chi Society's Health Recovery Centre near Orangeville says that Taoist Tai Chi focuses a lot on lower limb Strength.

After age 60 we start to lose it, but in our culture, we deprive ourselves of motion. Tai Chi is a physician art and helps to increase flexibility as well as strength. If you stumble and have to throw your arm out to regain balance, you have a much better chance of correcting as you start to fall if your shoulder, elbows and wrists can move in a full range.

Add to that positive effect on balance, and you have in Taoist Tai Chi a whole-body exercise. Wilberforce resident, Flo Elliott says, "I was unable to close my hand when I recently started taking Taoist Tai Chi classes. I practiced at home as well as going to classes, and within a few weeks that problem had disappeared."

James Lee of Tory Hill says, "I overcame a limp through Taoist Tai Chi. I had a limp for many years caused by an old war wound. I practiced at home too, and overcame that problem." James now attends classes in Wilberforce and Haliburton, and travels to Peterborough and other destinations for longer sessions.

Not everyone has such dramatic results, but many have improved their general health. All agree that the social benefits are important to them as well.

If you are interested in attending classes, or finding out more about Taoist Tai Chi, call Wilma Thompson: 457-1909, or refer to advertisements in this issue. Wilma is an accredited volunteer Taoist Tai Chi instructor presently leading beginner classes in Haliburton and Wilberforce. New Beginners' classes will be starting in September.

TRy iT

IT'S YOUR MOVE

TAOIST TAI CHI Classes

New Class for Beginners

A **In Minden:**
Wed., Sept. 8, 2004
At Hyland Crest Auditorium
12 noon

In Wilberforce: B
Wed., Sept. 22, 2004
at the Lloyd Watson Centre
2 p.m.

Come and try it - **First class free!**
Then pay only $20 for the next 11 weeks.

Call: A - Ginny Hopkings 489-2996; B - Wilma Thomson 457-1909

Sponsored by Health for Life
Taking Action for Healthy Living

Taoist Tai Chi Society
Registered Charity
No. 11926 7466 RR0001

TAOIST TAI CHI

Free introduction to Taoist Tai Chi

A **Haliburton Highlands Secondary School - Room 15**
Tuesday, September 7 - 9 p.m.

B **Heritage Ballet, Stedmans Mall Lower Level**
Monday, September 13 - 1:30 p.m

C **Minden - Hyland Crest Auditorium**
Monday September 13, 7 p.m.

For more information call: A - Wilma Thomson 457-1909;
B - Maria Trautman 457-2200; C - Ginny Hopkings 489-2996

Ever Wondered "How Can I Help?"

A member of your family has been diagnosed with cancer. A friend's spouse has died in an accident. A fellow parishioner confides in you that her cancer treatments are no longer working. A patient in the care facility where you work has fallen into a coma and is not expected to recover.

Perhaps you have been in situations like these and wondered, "How can I help?" it is not at all unusual to feel uncertain about what to do or say for someone who is facing or grieving the loss of a loved one, or who is living with a life-threatening illness him or herself.

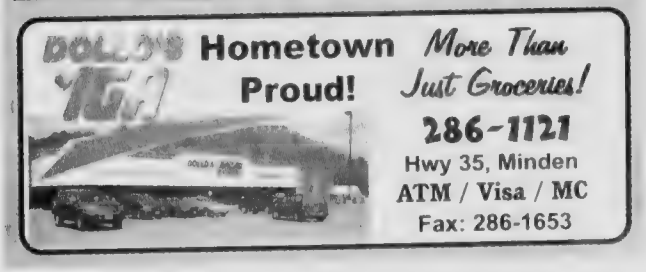
SIRCH Community Services & Consulting is offering a 5-part course in palliative support called "How Can I Help? Supporting People in Dying or Grieving". This course is open to anyone who works or volunteers in palliative situations, or who is just interested in learning more about how to support someone who is facing a life-threatening illness or who is grieving. The course topics include: active listening skills; attitudes and values; communicating with someone who is dying; understanding the grieving process; the impact on the family.

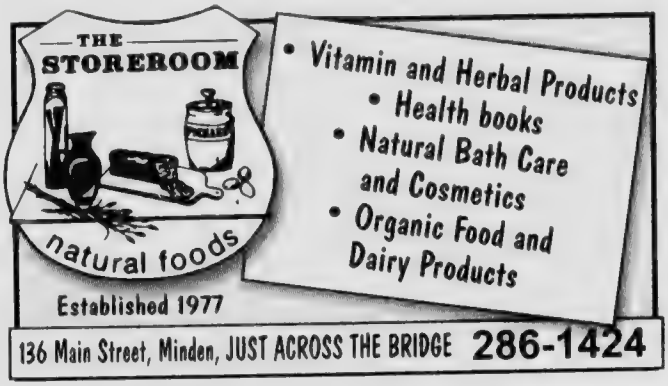
Sessions are very interactive, with lots of opportunities for discussion and sharing. You will finish with a greater understanding of how to be helpful in these difficult life situations.

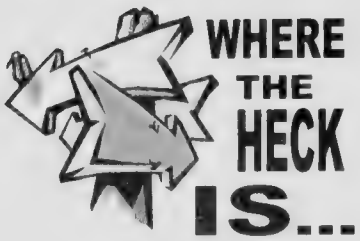
The course dates are September 22, 27, 29 and October 4, 6, 2004. Each session runs from 6:00 to 9:00 pm. The course will run in Haliburton. Cost for the entire course is $75.

To register, or for more information, contact: Sue Shikaze, Training Coordinator, SIRCH Community Services & Consulting, 457-1742 ext 24 or email sue_shikaze@sirch.on.ca

This course is also a prerequisite for entering SIRCH Hospice Volunteer Training, which will take place later in the fall. Ask for details if you are interested in becoming a Hospice Volunteer.







The Ice Hotel

Largest Ice Hotel

Some people prefer a spell in the sun, but the Ice Hotel in Jukkasjärvi, Sweden has proved very popular with pop stars, supermodels, politicians, and royalty checking in and chilling out.

In the winter of 2002/3, the ice hotel had a total floor area of 5,000 m² (54,000 ft²) accommodating 60 double rooms, 25 suites, an ice bar, ice church, and pillared hall.

Here, the interior temperature hovers around a chilly -6°C (20°F). Lying 200 km (120 miles) north of the Arctic circle, the ice hotel has been rebuilt every December since 1990 and increases in size each year.

Icehotel Jukkasjärvi is in the far north, in northern Lapland, Sweden, at a beautiful location beside the River Torne. About 200 kilometers above the Arctic Circle. The site is 17 kilometres from the town of Kiruna, and 12 kilometres from Kiruna Airport.

How do they actually build the Ice Hotel?

Construction begins each October, when 30,000 tonnes of snow are blasted by cannons onto a specially-molded metal frame. This structure is then reinforced with 10,000 tonnes of ice, cut into vast sheets and blocks using special machinery. The ice comes from the Torne river – a clean, fast-flowing stretch of water, which guarantees crystal-clear ice. Once the structure is complete, sculptors start crafting the interior, carving tables, chairs, beds, even doors, and windows. By mid-December, the hotel is open for business, although work continues on the interior until January.

The hotel will normally melt from May onwards, with the water eventually flowing back into the River Torne from where it came.

The Story of Ice Hotel and How It All Began:

In Swedish Lapland, 200 km north of the Arctic Circle, lies the village of Jukkasjärvi on the River Torne. Jukkasjärvi in Saami (Lappish) means "meeting place", which is what the former Saami village has been for half a millennium. Icehotel AB, the company that runs Icehotel, has worked with tourism since the mid-1970s, and offers a wide range of activities such as white-water rafting, fishing, visits to a Saami camp, reindeer and dogsledding tours.

Before Icehotel, very few tourists came to Jukkasjärvi during the long, dark, cold and snowy winters. In 1989 however, Jukkas AB (now Icehotel AB) decided to look upon winter

Ice Hotel cont'd... pg 37 ...

Closing End of October...

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Everything Must Go!!

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1 mile from Haliburton on Hwy #118 west

Antiques & Nostalgia
Home Decor - New & Old

Open Daily 10 - 5
Sunday 11 - 4

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Country Sampler
(since 1987)

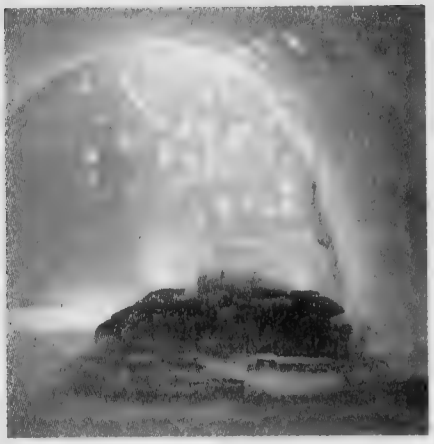
Antiques & Collectibles

Formerly of Oakwood, Ont. Hwy 7
Now Located at 1014 Portage Rd. (Hwy 48)
Downtown Kirkfield

Open Thurs thru Monday 10 - 5
Other times by chance or appt.

(705) 438-8251

Ice Hotel Cont'd... *... from pg. 36*



Pictures: opposite page - the famous ice bar, and the entrance to the hotel. At left - one of the bedrooms, and below - construction of the Ice Hotel.

as an asset instead.

It all started when, in 1989, some Japanese ice artists visited Jukkasjärvi, resulting in a much talked-about and written-about exhibition of ice art. Shortly afterwards, in spring 1990, a cylinder-shaped igloo was built directly on the ice of the River Torne, where an exhibition by the French artist Jannot Derid opened. Hundreds of visitors stared in amazement at the 60-square-metre art gallery, which was given the name Artic Hall. One night, some guests even spent the night there, in sleeping bags on reindeer skin - and the next morning they were ecstatic about the experience. Artic Hall was never meant to be used as a hotel, but the guests, well rested, assured us that it had been a warm and intense experience.

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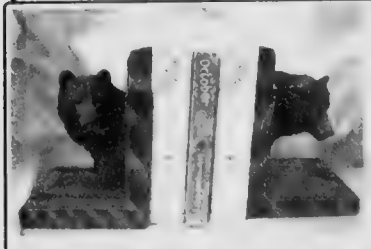

"Beary" Adorable!

Come Browse!
Located at Axis Village Court Pharmacy In Haliburton
457-5020
Large Selection

Count Yourself In!

the arts council haliburton highlands

The Arts Council ~ Haliburton Highlands is spearheading an initiative called the Arts Community Skills Inventory Project and is encouraging all Haliburton County artists, artisans, arts supporters, creative enterprises and community animators to participate.

What is the Arts Community Skills Inventory Project?

The best way to effectively address challenges that face a community is to know what resources the community already has. A skills inventory identifies existing strengths and resources. When the Skills Inventory Project is complete The Arts Council will have a database of information that will provide a comprehensive "picture" of what the arts community in this county looks like. With this information the Arts Council will be able to develop programs and initiatives for artists which more precisely meet the needs they have identified. The Arts Council will also be able to identify the skills that exist within the arts community and work with artists to create training, mentoring and other opportunities. Access to the relevant information in the database will also be available to members of the Arts Council allowing them to effectively network with other artists and support the economic growth and development of our unique arts community.

How can I participate in this important project?

The Arts Council has developed a unique, thought-provoking survey tailored specifically to the arts community. To get involved all you need to do is call the Arts Council at 457-3555 and ask for a copy of the survey. You can arrange to pick it up, or we can drop it off to you. You might even consider hosting a "survey party". Just ask our staff how. Your participation is vital to the success of this project! **Count yourself in!**

Minden Hills Museum
Hosts 6th Bi-Annual
Quilt Show 2004

September 11 10 a.m. - 5 p.m.
September 12 10 a.m. - 3 p.m.
$5.00 per person
Museum Grounds
176 Bobcaygeon Rd., Minden
(705) 286-3154 museum@minden.on.ca

Wildwood STUDIO
7th Annual Nature Photography Show & Sale
Open Saturday & Sunday - 9:00 - 5:00
October 2 & 3 and October 9 & 10
Featuring
Wild Animals - Birds - Scenics
from Haliburton to the Yukon
Drive to Gooderham and follow the signs south on Hwy 507

Cultural Centre Fall Programs You Won't Want To Miss - Great Programs For Kids Too

The new Fall Programming at the Minden Hills Cultural Centre has arrived just in time as the leaves start to change!

To start off the Fall season on September 11 from 12:30pm to 5pm (weather permitting) is Art Outdoors - Hiking Haliburton Highlands.

Instructor Gary Blundell will guide you through the outdoors to enjoy the beautiful Fall colours as well as teach some techniques that he has to share. Work in your media of pastels, watercolour, pencil, ink etc.

Transportation provided. Pickup and Dropoff at the Cultural Centre parking lot. Space Limited. Pre-registration required by calling the Gallery. Cost is $30 members $35 non-members.

FOR KIDS:

ARTday! Saturdays! -

October 16 - Ages 10-13 : 9am - 12pm; Ages 14-18 : 1pm - 4pm; - Drawing Techniques

October 23 - Ages 10-13 : 9am - 12pm; Ages 14-18 : 1pm - 4pm - Figure Drawing

Learn the skill to improve your drawing ability with a professional artist in Haliburton who will take you through the necessary steps to become a good illustrator. First session revisits the basics. Second session works on the methods behind drawing people.

Cost per session is $20. Supplies required: 8.5x11 sketch pad; newsprint pad; HB pencils; eraser. Pre-registration required by calling the gallery

AFTER SCHOOL ART MONDAYS! -

Cultural Centre Common Room (Gallery/Library Building) - 3:45pm to 5:30pm ages 9 - 13

September 20 - Drawing Animals; October 4 - Printmaking; October 18 - Basic Graphic Design; November 1 - Action figures; November 8 - Mask Making I; November 15 - Mask Making II; November 29 - Watercolour Fun; December 13 - Decoupage for Kids;.

Cost per session: Members $30 Non-Members $35 - Supplies Provided - Pre-Registration Required by Calling the Gallery

We'll have more great fall line-up of programs in the next issue of The Communicator. For more information on these programs, contact Laurie Carmount, Curator Agnes Jamieson Gallery - 705-286-3763. Or visit the website at www.mindenculturalcentre.com

Don't Miss Upcoming Quilt Show

Quilts come in all shapes and sizes, and if you would like to see some really unique ones that incorporate your heritage then be sure to head on down to the Minden Museum on September 11th from 10 am until 5 pm, or on September 12th from 10 am - 3 pm.

Admission is $5 per person and parking is free.

In addition to showcasing work, there will be beautifully crafted quilts on display that incorporate our heritage.

Just like any year, they are expecting a large turn out for this magnificent event. "A lot of people talk about it for awhile after," says organizer Carol Simmons.

This is the last year that the museum will be hosting it, so you had better not miss out. Demonstrations will be held, appraisers and lectures will also be on site. For more information contact Carol Simmons: 705-286-3154.

Back To School Pre-Teen Dance in Harcourt

There is a pre-teen dance being held at the Harcourt Hall on September 10th. This is open to all youths ages 7 - 16. It takes place from 8 - 11 p.m. Contact Valerie at 448-3540 for more info.

WINTERGREEN

Pancake Barn

705 286-3202

County Road 1 in Gelert.

Sept. 4th - Sept 6th

9:00 a.m. - 4:00 p.m.

Peach Social

In a world obsessed with calories...

we specialize in the best!

Wintergreen creates fresh fruit delights with real whipped cream topped with maple syrup and of course fresh peaches.

Our newest specialty syrups include Bubble gum syrup for the young at heart, Rum and Butter syrup with Appletom Rum, Love Potion Syrup, for the young of spirit and our unique Lavender Syrup.

The newest additions to our line of Barbecue sauces include Georgian Rhubarb, Honey-Balsamic Dijon, Blueberry and Coco Cola, to tempt your barbecue guests.

Join us for fresh baked pies or take one home frozen and bake it yourself. Phone to reserve 10 inch strawberry/rhubarb pies.

Have your cake and experience it too, crepes, French toast, waffles, pancakes, pavlova, sundaes, and banana splits, milkshakes or smoothies made with fresh peaches.

Fruit Socials of 2004

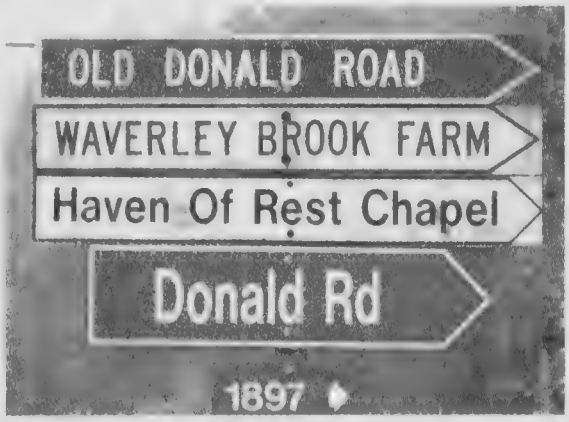
9 a.m. - 4 p.m.

Peach Social	Sat. Sept. 4th to Mon. Sept. 6th
Apple Social	Sat. Oct. 2nd to Sun. Oct. 3rd
Apple/Cranberry/Pumpkin Social	Sat. Oct. 9th to Mon. Oct. 11th
Christmas Social	Sat. Dec. 4th to Sun. Dec. 5th Sat. Dec. 11th to Sun. Dec. 12th Sat. Dec. 18th to Sun. Dec. 19th

911 Project Update: All Is Moving Along As We Get Closer To Completion

Who's Fred Jones? Where's Dover Springs Road? Why are there so many signs with different names for just one road? Those are just a few of the questions Haliburton residents, permanent and seasonal, are asking themselves as the 911 Project Team begins its final few months of work.

Haliburton County is one of the last in the province to complete the complicated and challenging process of assigning formal names and numbers to every single habitable dwelling in its jurisdiction. The reasons for the project are clear: to build a system to ensure the best emergency response possible. For a 911 system to work, Bell Canada must have a unique and individual address for each dwelling, or multiple dwelling, such as an apartment building, and, hopefully, a phone number that matches the address.



Confusing signage such as this mess has to go before the system is up and running.

The 911 Project team started formally in June of 2001 and immediately set to work to identify all of the County's roads and buildings. The criterion for a road was simple: it must have three "habitable dwellings" at minimum, although "habitable" was very loosely defined. Over 1800 roads, highways, cottage lanes, and farm trails were identified, and, amazingly, over 60 percent of them turned out to be privately owned. Many of them had a local name that had never been formalized with the appropriate municipality. So the Project team would consult with local residents, road owners, Cottage Associations and the Municipality involved to see if there was a consensus for a name based on the road's legacy, such as the Parish Line. If there wasn't a consensus, and if no appropriate name was submitted by residents or cottagers, the decision was sent to the local Municipality's Road Naming Committee.

There were certain criteria that had to be applied in order that the emergency response teams could be effective. First, no road names could be duplicated. Second, single roads that might have differently named sections must assume just one name. Remember Fred Jones? The road in question, off Highway 118 east, had three names: Dover Springs Road, the Beecher Subdivision, and Jones Drive. A single name was required, and the Dysart Road Naming Committee, in consultation with the 911 team, decided on Fred Jones Road. Mr. Jones and his wife Annie owned and operated the old Drag Lake Lodge for many years.

There are over 20,000 dwellings in the County and virtually all have now been identified, numbered, and given their formal "civic address". The next stage, to cross reference all the civic addresses with Bell's phone number data base, and with the Municipality's Property Tax Rolls, is well under way.

The final stage, getting the signs and numbers into the ground, has been going on for the past year and is almost complete. The cross-referencing of all the databases is also a complex task: tenants, for example, obviously aren't on the property

911 update cont'd... pg. 41...

Whirlpool
JUST IMAGINE
A Perfect Pair
WASHER
LSQ9659PW
• 3.2 cu. ft.
• White Porcelain Wash Basket
• 21 cycles
• 6 wash / spin speeds
• Quiet Wash
DRYER
YLER8648PW
•Super Capacity Plus 7.0 cu. ft.
•8 cycles/ 4 temperatures
•Quiet Dry
•Superwide opening reversible door
NEWBATT'S
APPLIANCES & FURNITURE
2 Oak Ave. Haliburton
457-2912

BLOWOUT
Perennials, Trees, and Shrubs
It all must go!
HUGE SAVINGS NOW!!
Country Rose Garden Centre
Hwy 121 - Haliburton 457-3774 1-800-420-8076

911 Cont'd....

... from pg. 40

rolls. Some cottagers still don't have phone service, or rely on their cell phone. So when there is a phone number that doesn't correspond with a property description, calls have to be made to link a tenant's number with the new civic address.

But the long job is almost over, although some confusion still exists. Many private roads still have conflicting signs, some as many as three. Over the next six months or so, the County will politely ask cottage associations and residents, either by letter, or through the media, to take down all road signs except the official one. Eventually, compliance will be enforced, to ensure the emergency service works for the benefit of all.

Roads were renamed

Did You Ever Wonder How You Got Your Number?...

Have you ever wondered how they came up with your number, and why some jump, or don't seem to make sense? It has to do with the distance you are from the start your roadway.

Once you know the formula, the new numbering system actually provides a neat way to see exactly where you on a road. Say your civic address is 2952 Pine Needle Road. To see how many metres your house is from the start of the road, subtract a 1000 from the number, and multiply that number by five. In this case the result is 9760 metres, or 9.76 kilometres.

The project has been trying, and the committee definitely must be commended for a job well done so far. We must all give our full support to the committee to ensure that the project is completed as accurately and efficiently as possible. Watch for any news or updates and lets work together for a worthwhile cause.

If you have any questions about the new civic address system, please call the County Office at 286-2306.

A Heads Up... Popular Hiking Festival Returning This Year

Mark your calendars for the Hike Haliburton Festival for October 15th, 16th and 17th. The 1st festival was so successful that they are adding a third day of hikes.

Back by popular demand are the Llama Walk, the Scoop on Poop and the Algonquin Highlands Ridge Trail!

The Hike Haliburton Festival is a county-wide celebration of trails, learning and fun!

Adventures include: GPS Scavenger Hunt, Gems beneath your Boots, Barking up the right tree, Walk in the Clouds, Roam the Ridge, Milling 'Round the Mill, Foliage Frolic, Llama Walk, Amble the Aisles, and Get the Scoop on Poop.

Be sure to be there for the Blast-Off BBQ, Night Hike and Live Music on Friday, October 15th and don't miss the Blister Call and Silent Auction on Saturday, October 16th.

All walks are guided, and most are free. Donations are appreciated.

Stay tuned to the Trails and Tours Office for more details. Are you looking to get involved in these exciting hikes?

Do you know of a great walk or hike that you would like to lead? Well then give the Trails and Tours Office a call: 489-4049. For more detail please visit the Trails & Tours Office or visit their website at www.trailsandtours.com

We'll have more detailed information in the next issue of The Communicator, so stay tuned. In the meantime, make plans to attend this great event, and lets make the second annual just as successful as the first!!

Dining and Entertainment

The Cookhouse

Head to Kennisis Lake For Some Great Home Cooking

The Cookhouse Restaurant and Store in the Haliburton Forest and Wild Life Reserve sits just across the road from the Forest's Base Camp Entrance. It looks like a quiet, kind of unassuming place, but don't be fooled. Under owner/operator Diane Kyle and her husband Hank, this business can and does feed hundreds of customers per day, and has catered special events and groups all across the Forest's 60,000 acres.

The Cookhouse provides breakfast, lunch, and dinner all summer long to local cottagers, residents, campsite lessees, and Forest staff. In addition, it provides all the meals for the many special groups who come to the Forest to enjoy its many education and recreational programs at the Wolf Centre, the Astronomy Observatory, and so on. The Forest also hosts many marathon and adventure groups, as well as film and television crews, all of whom have to be fed, sometimes in the furthest reaches of the Forest. As Diane puts it: "Peter (Schleifenbaum the Forest's owner), has given us a lot of exciting challenges over the years and we've tried our best to meet them – and we have." These groups often number well over a hundred, and some have counted close to 300- and that's in addition to the Cookhouse's daily walk-in trade.

The Cookhouse has a smart, solid menu that offers such breakfast treats as Belgian Waffles, Cinnamon Bagel French Toast and the Great Cookhouse Waffle with eggs and bacon. Lunch choices range from fresh salads to the very popular wraps, your choice of cheese steak wrap, grilled chicken, or veggie wrap, along with the traditional burgers and hot sandwich platters. Dinners range from poached cod, steaks, liver and onions and grilled chicken. Diane and her staff of 17 also provide special children's and senior's menus.

Diane and Hank lease the building from the Forest Reserve, and own and operate the business themselves. The arrangement

Cookhouse cont'd... pg 43 ...

Pasta Ta Pizza
Casual Dining in a Smoke Free Environment
New Expanded Menu
Lunch express Combos
Daily Specials
Subs back by Popular demand
Pizza Slices available till 3pm
Call ahead for faster take-out.
Take-out or Eat-in
Delivery still available
LLBO
Highland St. Haliburton 457-3424
Sunday - Wednesday 11:30am - 9pm • Thursday - Saturday 11:30 - 10pm

PATIO & DECK SERVICE ON THE LAKEFRONT!
Bullfrogs BISTRO
Prime Rib Special Every Saturday Night
2 for $29.95
Family Dining & Kids Menu
Open Weekends Only In September
"Reservations" Recommended
754-4462 OR 754-2497
SILVER EAGLE RESORT, SIR SAM'S ROAD, EAGLE LAKE

Cookhouse in Kennisis cont'd...

... from pg. 42

has been a happy and productive one since the Cookhouse opened in 1993.

Enjoy Their Annual Hog Roast September 5th:

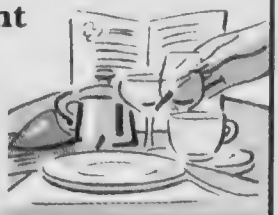
For the 9th straight year, the Cookhouse will host its annual Hog Roast on Sunday, September 5th, on the Labour Day Weekend. This very popular licensed event gives Diane and Hank a chance to thank their customers, summer staff, and Forest employees and their families for another successful summer season. And this year Diane's adding Emu to the menu. Everyone is welcome to attend. The cost is only $17 per adult, and $7 per child.

The Cookhouse is licensed, and is open from spring to fall from 8 in the morning to 9 at night. For information and group bookings call 705 754-1729. The Cookhouse is also open during the winter for breakfasts and lunches, and dinners for groups, or on request.

Do yourself a favour and take the drive to Kennisis Lake. Enjoy a great meal at The Cookhouse, and be sure to check out all the other things Kennisis Lake has to offer. There are great businesses up there such as marinas, real estate offices, and of course the popular must see Haliburton Forest – with endless things to see and do.

VILLAGE CHALET
Family Restaurant
Janice & Craig Faulkner
Owners

Now licenced by L.L.B.O.
Wheelchair Accessible
Ample Parking
Fast Take-Out



Hours
Sunday 8:00 a.m. - 7:00 p.m.
Mon. - Thurs. 7:30 a.m. - 7:00 p.m.
Fri. & Sat. 7:30 a.m. - 8:00 p.m.

Main Street
Downtown Minden
705 286-2121

Haliburton County Home Support Services

Providing services which enable seniors (55+) and/ or physically disabled (18+) to remain in their own homes for a longer period.

Meals on Wheels Week!

Sept 13-17 - 5 days only!

Buy 10 Frozen Entrees & Get 1 Entree FREE!

Do you need transportation to a Medical Appointment? Call Home Support- we can help get you there!

call 457-2941

People Helping People

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Casual Family Dining

Alberta, Angus & AAA Ontario Beef
Homemade Pastas

Specials
Friday • Variety of Surf & Turf
Saturday • Specialty Steak Night
Sunday • Roast Beef & Yorkshire Pudding
• Crab Stuffed Trout

Specialty Wine List
Large Kids Menu

Fall Hours:
Mon - Fri .From 4 p.m.
Sat & Sun - From Noon Closed Tues.

Hwy 35 South of Carnarvon 489-1939

A Special Guest Coming To Haliburton To Speak About Afghanistan: All Welcome To Attend

A member of the Baha'i Faith, Cheshmak Farhourmand-Sims is of Iranian background and is in a unique position to provide an in-depth look at actual conditions in Afghanistan today. She will be presenting a multi-media presentation on Afghanistan at the Royal Canadian Legion in Haliburton on Saturday, September 11, 2004 at 7:30 p.m. Admission is free and everyone is welcome to attend.

Cheshmak Farhoumand-Sims, is a Ph.D. candidate in political science at York University. She is involved with a number of peace and human rights organizations including the Institute for Multi-Track Diplomacy in Washington DC and the International Service for Human Rights in Geneva, Switzerland. In 2003-2004, Cheshmak taught at the Pierre Elliott Trudeau Centre for the Study of Peace and Conflict, the Centre for Interdisciplinary Studies at McMaster University, and Canadian Foreign Policy at the department of Political Science, University of Western Ontario.

Cheshmak regularly provides human rights, conflict resolution, and peace education training, and is also working on several mediation cases. She also continues her work with Rights and Democracy and Women Living Under Muslim Laws on the Afghan Constitution Project. She traveled to Afghanistan in 2003 to work with the U.N. and other organizations in that war-torn land.

Elephant Lake Lodge
Restaurant & Tavern
Now Serving Sunday Breakfast Buffet
All You Can Eat $6.95
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Elephant Lake Rd
Harcourt

The
MILLPOND RESTAURANT
Open Tuesday - Sunday!
Friday Prime Rib * Saturday Steak Night
Sunday night Roast Turkey
Sunday Brunch Buffet $6.95
Family Dining at it's Best!
Carnarvon 489-3353
LCBO

Kosy Korner
Family Restaurant
HIGHLAND ST. HALIBURTON
457-2810
DAILY SPECIALS!
7 DAYS A WEEK
6 A.M. - 7 P.M.
ALL DAY BREAKFAST!

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Located on Highway 118,
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at County Rd. 14
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email: maple.moon@sympatico.ca
fax: 457-9216

McKECK's PLACE
457-3443
"NOT JUST A SPORTS BAR"
Owner
Walt McKechnie
Downtown Haliburton
"IT'S NOT WHO'S MISSING, IT'S WHO'S HERE!!"
Mats Sunday

THE BUTCHER BLOCK
AND DELI
"For The Finest In Meat And Seafood"
Dan Chumbley
Highland St.
Haliburton
457-1515

THE TENTH HOLE
Lakeside
Restaurant & Bar
You don't have to golf to eat here
Best Clubhouse Sandwich in the County
Casual Dining
754-2110
Lic. LLBO
Hwy 118 just past the West Guilford turn off.

Lakeview
Motel & Dining
Breakfast Restaurant
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Outdoor Heated Pool
Hot Tub & Patios
Your hosts
Holly & John McDonald
Cty. Rd. 121 - Haliburton
www.lakeviewhaliburton.ca
(705) 457-1027 • 1-866-385-9347

York-Duncan House: Luxury & Hospitality Fill This B & B

by Stephen Patrick

Dixie Duncan, a true Southern Belle from Alabama, has opened her gracious, even luxurious home on Haliburton's Head Lake to Bed and Breakfast guests since the late 1990s. Known as the York-Duncan House, it's a prime example of the increasingly popular trend to luxury B & Bs in Ontario. Dixie started the business a few years after her husband, Spruce Lake cottager Bill Duncan, passed away in the mid 1990s.

Dixie's home is really something special. The three guestrooms are all beautifully appointed and comfortable, one with ensuite and private balcony, and two with garden walkouts and a shared bath. There's a spacious guest lounge with TV, pool table and a separate dining area with fridge and microwave just for the guests. And that's not all. Dixie also offers a back yard hot tub, a Sauna, and even a Tanning Bed!

No B & B would be complete without a nourishing breakfast: Dixie offers a special breakfast casserole along with a continental breakfast, and also an afternoon tea.

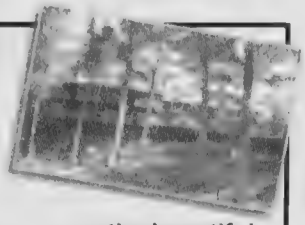
The York-Duncan House is open all year round, and nightly rates range from $85 to $140 per night. It's located on Halbiem Crescent, Lot #34, off County Rd 21 in Haliburton. You can call toll free at 1 877 701-4883, or at 705 457-2389. If you think you might like to do what Dixie is doing, her beautiful place is for sale – so all you people wanting to operate your own B & B – this could be your chance. But until it is sold, Dixie will continue to operate her B & B, and she will always be on hand with a warm smile and true down south hospitality.

FOOD AND FUN
for the Whole Family at the
COOKHOUSE
at the Haliburton Forest in Kennisis Lake

Join Us for our Annual Hog Roast September 5th

This year we are featuring both a Hog & Emu!!
$17 per adult & $7.00 per child
Call The Cookhouse Restaurant at (705) 754-1729
www.haliburtonforest.com

HEATHER LODGE
A Tradition Since 1942



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Reservations Required
Pastas · Steaks · Ribs · Chicken
Full Menu
Open Daily - 5:00 p.m. - 8:00 p.m.
Come meet our in-house chef - Paula Meiling
8.5 km North of Minden on Hwy 35
1-800-362-6676
705 489-3257

Still Tickets Left For Bus Trip To Hairspray

The Haliburton County Home Support Services still has tickets available to the Musical Hairspray on October 13th. These bus trips are fundraisers for Home Support. If you are interested in this bus trip, please call Sheri or Roxanne: 457-2941.

Reminder: Seminar About Scams & Frauds In September

Tired of schemes, scams, and flimflams? Well there is going to be a "Protect Your Money" seminar on Wednesday September 22nd. This program will educate Haliburton seniors about scams and frauds.

Haliburton Home Support in conjunction with the Ontario Securities Commission, Ontario Seniors' Secretariat and the Volunteers Centre of Toronto would like to invite all seniors in the county to this 1-hour seminar at the Home Support Drop In Centre.

"If a vegetarian diet is good for losing weight, how come they use grain to fatten pigs and cows?"

Creative Writing Workshop

Do you have a passion for writing but just don't know where to start? If so, you should consider taking a creative writing workshop. The Haliburton Highlands Writers' and Editors' Network is proud to present, "18 Secrets of Writing a Page-Turner."

This is a workshop that you shouldn't let slip by. In the duration of this workshop they will show you how to build that page turning suspense, and help you put into practice the techniques that professionals use.

You will learn how to apply those teachings into every page of every kind of story to create drama and tension. The price for this informative workshop is a mere $39, and everyone is welcome to join the excitement, so on September 12 grab some friends and fellow writers and head down to the Lounge Café, which is located on Highway 118 in Carnarvon.

Be sure not to miss out on this one, because while having a blast you will learn important techniques that you will use on a daily basis. Brain Henry, who has been a book editor for 22 years now, is leading the workshop.

He also teaches creative writing at Ryerson University and George Brown College and has led workshops from Boston to Buffalo and from Sarnia to Ottawa. Brian has helped many of his students get published over the years... and this year it might be you!

"Brian isn't just an inspiring teacher; he's plugged into the publishing world. He got me an agent, who sold my first novel, Bitten, to publishers around the world. Now Warner Brothers has optioned Angelina Jolie to play the lead in the movie of Bitten. Random House Canada released my third book, Dime Store Magic, and Bantam U.S. and Little Brown in Britain have contracted my next five novels." – Kelley Armstrong, Aylmer, Ontario.

For more information about this course, please contact Maria Trautman: 705-457-2200.

Next HHWEN Meeting:

The next HHWEN meeting, will be held as a brunch at the Halimar Resort on Kashagawigamog Rd., on Sept 18th at 11:00 am. Guest speaker will be Dorothea Helms.

SOUTH ALGONQUIN COOKHOUSE AND STORE

Open Daily
9 a.m. - 8 p.m.

705 448-2322
Hwy 648 in Harcourt

For a New Experience In Country Dining

Sunday Brunch - $9.95

A different special every night.

Halimar Resort

The best scenic lake view dining on Lake Kashagawigamog

Offering a fresh & delicious menu plus a fully licensed bar!!

GREAT FOOD... GREAT VIEW... GREAT SERVICE!

South Kashagawigamog Lake Road
Reservations required 457-1300

"It's Still Happening at the Firehouse"

Your Goodtimes Cottage Headquarters.

THE FIRE HOUSE RESTAURANT

Tuesday Night
1/4 chicken dinner $8.95

Wednesday Night
"Bike Night" Everyone - Make & Model welcome.

Thursday Night
Pizza Night!!
Buy one Large pizza & get a 2nd large pizza ½ price (eat in only)

Friday Night
All you can eat pasta - $9.95
Attention singers... stick around for Karaoke. 9 p.m. - must be of legal drinking age for Karaoke show.

Ceasar Sundays!!
Also don't forget our SUNDAY BRUNCH - 11 - 3 only $8.95

VIP Lounge Seats are Back!

60 inch TV to enjoy all world cut Canada Games.
3 dates 3 chances to become front row center with VIP treatment with 20 FREE wings at the Firehouse!

Tuesday August 31st - 7 p.m. Canada vs United States - 7 p.m.
Wednesday September 1st Canada vs Slovakia 7 p.m.
Saturday September 4th Canada vs Russia 7 p.m.

During all 3 games we are offering ½ price buffalo style wings!

SATURDAY NIGHTS ARE HOTTER THEN EVER AT THE FIREHOUSE...

TOP QUALITY LIVE BANDS !!!

Ask about our group lakefront cabin bookings for $25 per person per night from Sept. to Nov Plan a great night at the bar - no driving!

Labour Day Long Weekend Line UP:

Friday September 3rd
Karaoke Dance Party
Don't mis the fun!
Saturday September 4th
"Frank Perry" Live on Stage
Sunday September 5th
Back by popular demand
"Your New Neighbors"

Keep watching for upcoming ads in The Communicator for our amazing

½ Price Wing Blitz! - Coming Soon!!

Jay and Anita and the Staff at the Firehouse would like to thank everyone for helping us make 2004 an amazing summer to remember!

For all those Proactive thinkers. Book staff and personal Christmas party's before November 30th and receive 10% off regular menu items. Free shuttle service will be available for party bookings. Let us cater to your needs and plan a creative themed or Karaoke Christmas party that will be too crazy and too much fun to pass up.!

Licensea Lakeside Patio Bar with full docking facilities for boats & personal water planes.

On Hwy 35 at Ox Narrows - 489-4608

Outloud Womyn: Outstanding, Outspoken & Outasight!

by Stephen Patrick

Out Loud Womyn's Voices is a group, or choir, of about 15 to 20 women who sing together regularly and perform occasionally around the County. They are also, as their great T-shirt proclaims for all to see, "Outrageous, Outlandish, Outstanding, Outtasight, Outspoken and OUTLOUD!"

Beth Johns, the choir's founder, can't stop smiling when she speaks about how the group is dedicated to "singing our lives, and singing only those songs we feel passionately about." You quickly get the feeling that these politically sharp and smart women have just a great time belting out these songs of commitment and principle. Much of the inspiration for the group, and many of its songs, come from Carolyn McDade, a songwriter, self-described "spiritual feminist", and social activist who lives in New England, but has strong ties to Canada. One of her credos: "No woman is required to build the world by destroying herself."

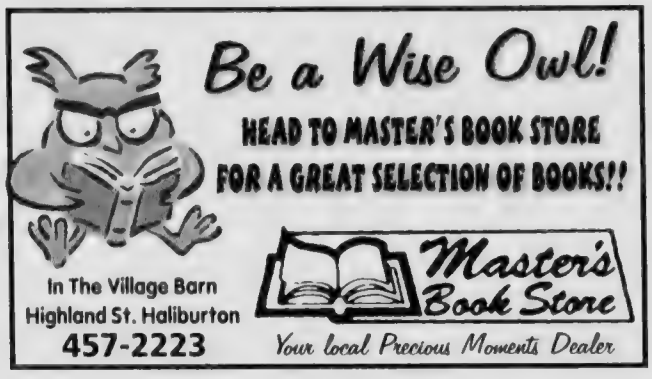
Out Loud has a strong adherence to the goal of a sustainable, global community, founded on the following principles: "Respect for nature and universal human rights, economic justice, and a culture of peace." So just how did Out Loud and its contagious creative energy spring forth, flower, and survive in Haliburton County?

Six years ago Beth Johns sang solo at one of the early Open Stages at the old Wild Oat Café. Beth is a cottager, from childhood, and for the last decade a permanent Haliburton resident with a life long love of singing, and in particular choral music. At that Open Stage performance she admitted that she really didn't like singing alone and she issued an open invitation to Haliburton women to join her to sing about their lives and shared beliefs. The response was immediate and six years later Out Loud is alive and thriving. The choir gets together each week, usually at the Hair Lounge Café (when Beth was hospitalized after a car accident 18 months ago the group met at the hospital) and performs when the spirit, or the circumstance, moves them. A few weeks ago they were at the Eco Fair in Stanhope and this fall will bring new concerts, and always, new recruits.

The group is refreshingly unstructured and fluid, as the membership changes, and new musical material is added to the repertoire. But the bottom line is always met: sing with passion and belief.

"We are a multi-generational collection of mothers, grandmothers, and daughters: we sing about justice, beauty, family, mother earth and whatever else catches our fancy or stirs our soul", says Beth. "Many of us have little or no musical background, and some of us have been told in the past to 'just mouth the words'. But in our singing group we ALL sing and we sing out loud and with gusto!" Out Loud is an open choir. As Beth puts it, "we're really dedicated to singing our lives" with, she might have added, great joy. For further information, please call Beth Johns at 705 754-9558.

Pictured above is members of the Outlooud Group, and other candid shots taken during one of their rehersals.



Urban Legends

A young woman returns to her car from a day's shopping. She had parked her car in the town's multi-storey car park.

As she approaches the car she notices someone sitting in the back seat. She cautiously checks the registration plate to see if it is indeed her car, as it is a popular model and colour. The car is indeed hers, and as she gets closer she sees that it's an old woman sitting in the back seat.

She asks the woman how and why she is sitting in her car.

The old woman replies that she had been shopping with her son and family but felt unwell and returned to the car to rest. She obviously had mistaken the young woman's car for her son's, as it was the same model and colour. The old woman then asks to be driven to a hospital, as she is still feeling unwell. The young woman agrees.

As she gets into the driver's seat something makes her very nervous about the stiuation and she asks the old woman if she is feeling well enough to direct her as she reverses the car out of the parking place. The old woman agrees, gets out of the car and proceeds to direct the reversing manoeuvre.

As soon as the young woman has the car out of the parking space she speeds out of the car park, leaving the old woman stranded. She then drives straight to the nearest police station and reports the incident.

A police officer then searched the car and found an axe concealed under the driver's seat.

The young woman had had a lucky escape!

Geneology Meeting To Feature Guest Andrew Brndjar

All are welcome to attend a most unique and informative evening coming up in September.

The Wednesday, September 8th Meeting of the Haliburton Highlands Genealogy Group will feature a 7pm slide presentation by Andrew Brndjar, whose long-time hobby has been photographing cemetery monuments of famous Canadians and others, or unusual monuments, on his travels to different parts of the world.

Andrew is a very interesting speaker and this should be a fun and informative night. The meeting will be held upstairs at the Minden Legion. Refreshments available. Everyone welcome - no charge. For more information please contact Gail Leach-Wunker at 286-2225

The real art of conversation is not only to say the right thing in the right place, but also to leave unsaid the wrong thing at the tempting moment.

Kidz Korner

By Trevor Guyton

The Olympics

For this edition of Kidz Korner I am doing a bit on the Olympics, which you know have just recentlybeen on. This edition is about the Olympic Torch Ceremony which officially starts the Olympics.

For each Olympics, a new flame is started in the ancient Olympic stadium in Olympia, Elis, Greece, using a curved mirror to focus the rays of the Sun. This flame begins its Olympic Torch Relay by touring Greece. The flame is then taken to the country where the games will be held (usually by airplane). The flame is then carried around the country where the games are to be held, using a series of torches carried by people running, walking, riding horses and camels, scuba diving, and using other means of human

conveyance. The last runner uses a torch to light the large Olympic torch which burns throughout the games. The flame is extinguished during the closing ceremony. A new Olympics torch is designed for each of the games.

At the centre of every city-state in ancient Greece there was an altar with an ever-burning fire and in every home the sacred Flame burned, dedicated to Hestia, goddess of the family. Torch Relay races started in ancient Greece as religious rituals held at night. Soon they turned into a team athletic event, initially among teens and young adults, and further developed to become one of the most popular ancient sports.

In the church at Ancient Olympia there was an altar dedicated to Hestia(a Greek goddess) with a sacred Flame, kindled from the sun's rays, with the help of a hollow disc or mirror. The altar was never allowed to go out. The job was simple but amazing: the curved surface had the ability of focusing the rays of the sun at a single spot, the "focal" point. Therefore, the High Priestess would lay the Torch on the focal point and the torch caught fire.

The Torch Relay, as the opening event of the Olympic celebration, was revived in the Berlin Olympics in 1936, and since then the Torch Relay has preceded every Olympic Summer Games. Starting from Olympia and carried by the first Torchbearer, the young athlete Konstantinos Kondylis, the Flame travelled for the first time hand to hand until it reached the Berlin Olympic Stadium. Since then, the Flame's magic has marked the beginning of the Games and has been identified with it. The first women to light the cauldron in the Olympic stadium was Enriqueta Basilio.

In Sydney 2000, the Flame made its journey underwater in the Great Barrier Reef and covered the longest distance in the history of the Games so far. This year the torch will be carried all around Greece starting in Olympia and ending up in Athens a port on the Greece coast. The torch toured around the world then ended up back in Greece during July were it then began its tour of the country on foot. At the end of the relay the giant Olympic flame in the Athens Olympic stadium was lit by Greece Olympic champion Nikos

Kaklamanakis.

He who hesitates is probably right.

Stage is Set for Peterborough Arts Fund-raiser
Highlands Summer Festival Plans Benefit Performance for October 2

The water may have receded in Peterborough, but there is still a great deal of rebuilding to be done. The torrential flooding on July 15 left many homes, businesses and institutions damaged. Among those to lose everything were the Peterborough Arts Umbrella and Artspace, two organizations that represent artists throughout the Peterborough area. Here is what their press release had to say about the damage they endured: "The **Peterborough Arts Umbrella** and **Artspace** (Peterborough Artists Incorporated), the two most pivotal and vibrant grassroots artist run arts organizations in the Kawartha region, have been decimated. (On July 17) The water arrived at the corner of King and George streets with enough force to kick a hole in the foundation of the building. Water completely filled our underground suite. The home of these organizations was repeatedly shown to the nation on the television coverage of the flood disaster. Absolutely everything including art collections worth tens of thousands of dollars, artwork on display by local artists, computers, databases, projection equipment, archives, and the only publicly accessible media center in the region – all under nine feet of water."

In a very few short hours, everything was destroyed.

The two groups have issued an appeal to arts organizations throughout Ontario for assistance, and the Highlands Summer Festival has responded. The Highlands Summer Festival will be mounting a special benefit performance of "The Perfect Rhyme", the outstanding, Canadian written comedy from this summer's season. All cast and crew have volunteered their time for this Saturday, October 2 performance. The author, Barry Yzereef, has waived his royalty for this occasion. The Festival, coming off another successful season, will cover the incidental costs, so all proceeds from each $25 admission charge will go directly to the Peterborough Arts Umbrella and Artspace.

"We felt this was the best way our performing arts company could help." Highlands Summer Festival President, Craig Saunders, said, "Using our art and skills to support the Peterborough groups as they rebuild. It's a great opportunity for those who missed this witty production to see it for the first time and for those who have attended, to do so again and help a very worthy cause."

Tickets for the benefit performance will be available starting Friday, September 3 through the usual Highlands Summer Festival retail ticket outlets, The Cranberry Cottage in Haliburton and The Storeroom in Minden or by calling 705-754-2999. (Store sales by cash and cheque please; phone orders-VISA, MC or AMEX only.) All seats are reserved. Be sure to get your tickets soon for this one-time benefit concert. Enjoy an entertaining evening out and help in the rebuilding efforts of the Peterborough Arts Community.

The Perfect Rhyme, by Barry Yzereef:

A love-struck poet, unable to meet his heartthrob, pens paeans from afar. That is, until she arrives at his door to confront her frustrated admirer. She is angry at the poet's efforts and attempts to get him to recant his words and salvage what is left of her reputation. In this humourous send-up of love gone awry, the two engage in a battle of wits that ultimately draws them closer together. The original production was directed by David C. Phillips and features Tim Nicholson as The Poet; Donna Gagnon as The Lady; and Arlen Mighton as The Servant.

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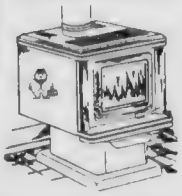

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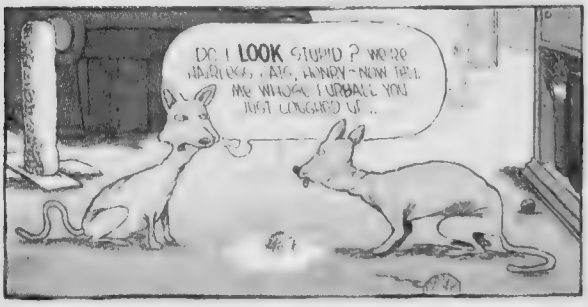

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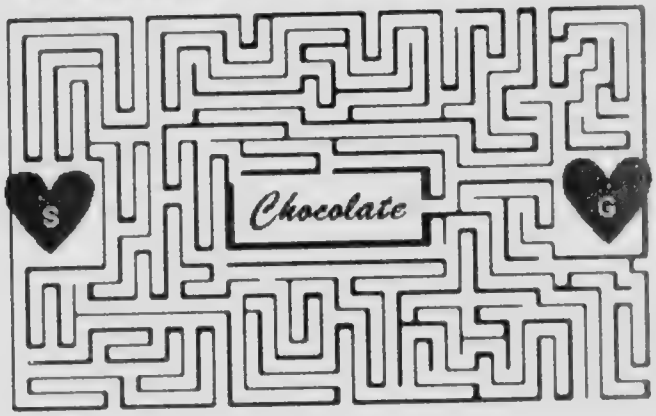

Brain Teaser of the Month

Check out this picture. It makes it appear that the house is slanted, when really, the house is on a hill. It's an illusion created by the photographer and his model.

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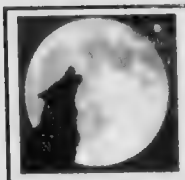

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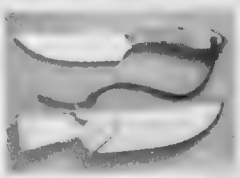

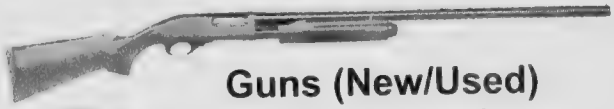

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A chance to get to know those great businesses that advertise in our service directory.

Haliburton Property Management Services

Haliburton Property Management Services, owned and operated by Brian Merrifield, has just completed its first, and successful summer of business in Haliburton. The company offers cottagers and permanent residents alike the whole range of property improvement, maintenance, and security services.

Brian's company will be there for services ranging all the way from cutting the lawn to cleaning up downed trees to building or repairing decks and docks. They'll shut down your water system for the winter (and get it going in the spring) or just make sure the cottage is warm and toasty when you arrive late on a winter Friday night.

Brian's a professional carpenter and cabinet maker by trade, but he realized that many home and cottage owners wanted the convenience of one-stop shopping when it came to property maintenance. They wanted one person they could trust to look after a whole range of tasks that every home needs. And cleaning those eaves troughs or shoveling that garage roof are important jobs, but not without significant risks to those who might not be quite as handy as they once were.

Brian will also look after more complex plumbing and electrical work through subcontracts with local tradespeople. But again, the homeowner has only one call to make, and the work is looked after.

Haliburton Property Management Services are available all year long at 457-1368.

If you can smile when things go wrong, you have someone in mind to blame.

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TREE MARK OR NOT TREE MARK? *THAT IS THE QUESTION*

By Greg Kennedy - Kennedy Forest Products - Email fkennedy@sympatico.ca

Not to repeat myself, but some readers may have joined in our Forestry talks in the middle and thus missed out on a bit. Lets talk about forest management, logging, and of course- PLANNING.

In Haliburton county most of the forest will lean toward the uneven aged selection
system used mostly for shade tolerant hardwoods such as Hard or Sugar Maple.

This system, when marked and cut properly removes trees that are weak or declining and mature trees. This gives the healthy trees more room to grow and young trees more light (in both cases these trees will grow faster) and a new crop of seedlings will be naturally established on the forest floor.

This is all accomplished by marking. A tree marker will decide which trees are cut and which are retained by following a prescription. This is a Plan for your forest set out ahead of time that will take into account the type of forest you have, wildlife habitat and landowner objectives for future plans and uses of the forest.

The tree marker will follow this prescription (guide) when marking and will put paint marks on the trees to be removed and may mark off areas not to be disturbed such as a hawk nest or trees to be left for wildlife nesting or feeding, also considering the right amount of cover to be kept (shade). The tree marker makes the final decision on which trees are harvested or retained and is taking all these things into consideration as they go. It's quite a task and a lot to think about, but in the end you will wind up with a managed forest that has been planned out ahead of time, meaning you can walk through your forest before harvesting and see all the trees that are going to be removed and I know from experience that this is a good thing for landowners. I've heard all kinds of questions from landowners before logging. Questions like – 'you won't clear-cut will you? I still want some trees' or 'how many trees do you cut anyway?' Well now you'll know, because you will have been a big part of the planning. After all who owns this bush anyway?

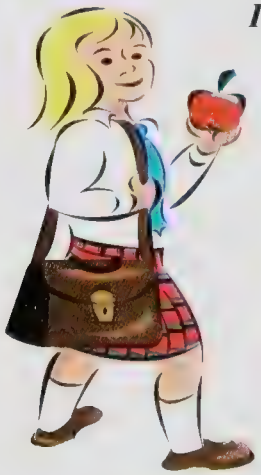
Remember the garden? Like your garden if left full of weeds it won't produce as much. Your forest is the same way when managed. A forest will produce more per acre per year, this means if planned, marked and cut properly you will know your forest has been given a health boost, wildlife habitat has been protected or enhanced and you should be able to mark and harvest your forest again in 20 – 25 years.

Slow growing these veggies, eh? So don't forget the two most important words when making major changes in your forest. PLANNING and PLANNING.

You can email me with any questions you have about forestry and I'll do my best to answer them - and have a fun and safe long weekend!

Spot The Differences

It's Back to School Time!! Can you spot the seven differences in these cartoons?



Tie is missing,
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Apple is bigger,
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Sock on left foot longer,
Mark on purse gone,
One hair bang missing.

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THE PIPE LINE

by Mark Evans
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Hello again, today's column will address some of the issues regarding waterfront property which may be unknown to potential buyers from urban areas where the water and sewage systems are provided. Serious consideration must be given to the systems in these areas so that the purity of the lake will be protected- after all, that is the reason everyone wants to live there.

"If Momma Ain't Happy"

Getting water into the home usually has little impact on the environment except for the potential risk of electrical shock with submersible pumps in the lake. Check that yours is equipped with a Ground Fault Interceptor (GFI) and test that it does trip the circuit in the event of an electrical short.

The risk of environmental damage is greater on the other side of the system. Where does all that sewage go? It may be unpleasant to think of, but I guarantee it will be the most important factor in your level of enjoyment at the lake. Strict rules dictate the arrangement of your waste system. Lake Associations are formed and ensure all properties conform to these protective guidelines for the greater good of all.

When the home is built close to the water, the sewage must be pumped away, often up steep hills so it is in your best interest to find out the age and condition of the sewage pump, the holding tank and the septic system. Many cottages were built around the same time so finding out the neighbour just had to replace their pump will give you an idea about your own.

It won't matter what color the bathroom is if you can't use the toilet. Maybe your wife won't mind going outside to use the outhouse at 2 a.m. but for me... "if momma ain't happy, ain't nobody happy".

Happy homebuying everyone and welcome to the neighborhood.

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New Public Swim Right-of-Way & Walkway For Wilberforce

by Natasha Mackesey

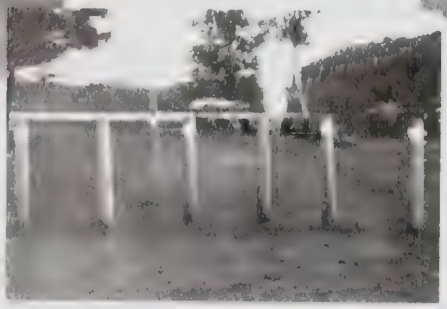
If you live in the vicinity, of the Wilberforce area and are looking to cool down in the lake, there is a new public swim area that the Municipality would like to make public knowledge. If you are coming from the village of Wilberforce, towards Harcourt, hang a right at the Bostonian Motel (on old Dark Lk Road) and go to the end of road to Dark Lake. You will see a boat launch area. From there, to the left (until you see the guard rails) is open to the public to swim at as it is all municipal road allowance- thus open to all to swim at. Parking is allowed on the side of the road.

"The idea is to provide a swim place in Wilberforce for everyone to get into the water," says Highlands East Councillor, Suzanne Partridge "We don't have plans as of yet to do much more with the park area, but for now, it does give people a place to access the water who knows where it will go from there."

The park area can also be accessed by strolling through the old Dark lake Road which, while closed off to vehicle traffic, is still a public pathway for all to use.

The municipality is actually planning to "spruce up" the pathway, and "make it more inviting for the public to use"

"It may not be looking up to par right now, but it's an amazing work in process. Right now there's a bunch of uninviting poles that say stay out more than welcome," Suzanne says. But don't worry, it will not be looking that way for much longer - they have already started to clear out brush so that it's more inviting and more accessible for all of the public. Plans are in the works to put in shrubs and make it much more inviting for the public to use as a walking trail. "It will always be a public walking trail," says Suzanne.



The public is encouraged to use the area. It will remain closed to motor vehicles but open to walkers and cyclists. If you have further questions about the project please contact the Municipal office or take a "stroll" and see it for yourself

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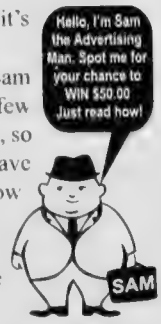
The winner of last month's draw for "The Ultimate in Breakfast Dining is: Grace Hollinger of RR#1 Haliburton Congratulations!!

Spot Sam The Advertising Man for your Chance to Win $50!



How would you like to win $50 cash? Well it's easy with the Communicator!

Just read all the ads and keep an eye out for Sam The advertising man. We will be hiding a few Sams in various ads throughout the publication, so look for more than one. Once you think you have found all the Sams you can, write down how many you spotted, in what ads, the publication date, your name, address and telephone number, and mail them, email them or fax them to the Highlands Communicator.

The first correct answer pulled from entries received wins $50! It's that easy and it's fun too!

There were 13 sams in the last issue. They were hidden in the following ads: A Little Bit of Everything, County Sign & Display, The Storeroom, Can Q. Ind, Minden Auto Care, Steve's Contracting, Axis Pharmacy / Treasures, Maple Moon, Halimar Resort, Barry Misco Contracting, Rodco Enterprise, Emmerson Lumber, & Sears Catalogue Haliburton.

The winner of last month's Spot Sam contest is Norine Malloy of Minden

Win Get-A-Way A Couple Times For a Couple!

How would you like to win...Dinner for Two & Accomodations for Two with Breakfast in the Morning?!?!

How to win?... We did a feature story on two businesses - The Cookhouse Restaurant, and the York-Duncan Bed & Breakfast.

Answer the followin questions pertaining to each story and each correct entry will be eligable for the grand prize of dinner for two at the Cookhouse, and accomodatoins and breakfast for two at the York-Duncan B & B.

York Duncan story - pg. 45

1:Where is Dixie from?

2:Besides a hot tub & sauna - what other luxury is there?

Cookhouse Restaurant - pgs. 42 & 43

1: When did the Cookhouse first open?

2:What is the Cookhouse hosting on Sept. 5th?

Send in your entries along with your name, address & phone number to:
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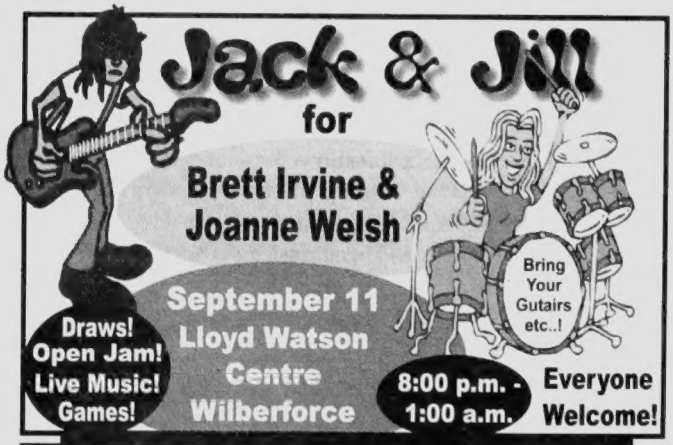
Clear Out. Sale of Music Equipment, furniture, household goods, tools, wood, windows, antiquities, appliance, collectables, boats & motors, etc. Info – 754-4054

FOR RENT

Cottage rental rooms available in art cooperative at Pine Lk. West Guilford. Reasonable Rent. Reduced rent for help with reno. Info - Ed – 754-4054

UPCOMING EVENT



Bonus Free Draw For $500+ REAL Slot Machine!
With Every $5 Ticket Purchase
You don't have to attend event for a chance to win this fantasatic door prize! Name entered with every ticket purchased!!

Tickets available in Haliburton at: Central Office Supplies - See Chad
or C.C. Entreprises (Auto & Marine Parts) - See Chris Coumbs
In Wilberforce: Call Shawn - 448-1846
In West Guilford: Call Greg or Shannon - 754-4579
Or watch for the orange mustang ! Also avail at the door!!

SCOUTS CANADA

Registration for 1st Minden Beavers , Cubs and Scouts will be held at the Minden arena , upstairs, on Wed. Sept 8th, 7- 8pm

LEADERS NEEDED

For more info call Janet @ 286-6979 or Bryan @ 286-4449 evenings

HAPPY 50th ANNIVERSARY KEITH & GERALDINE HARRISON LOVE, YOUR FAMILY

CAN WE HELP WITH SCHOOL LUNCHES?

Stop into Harvest BULK and Health Foods for muffin mixes, bulk Cookies, nutritious snacks and all yourbaking supplies. Whether you need a little or a lot, Compare and save and make Harvest part of your weekly shopping routine.

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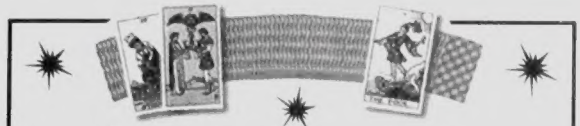

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Hockey is Back!

Hockey is back, in the Highlands, and in a big way. The Highland Storm Minor Hockey Association is accepting registrations on Wednesday, September 1st from 8 pm until 9 at the Haliburton Arena, and on Thursday, September 2nd from 8 pm until 9 at the Minden Arena. The Association strongly urges all parents to register their kids at this time. And you must bring your child with you to sign the official "player's card". A limited amount of free used hockey equipment will be available at both locations. Try out schedules will also be available on these dates. If absolutely necessary, or you happen to miss the official registration dates, some late registrations can be accommodated at the tryouts.

New Change in Travel Team Competitions...

The Highland Storm is entering its fourth year of operation after the merger of the then seperate Haliburton and Minden Associations in 2001. This merger prompted an immediate growth in the number of participants, up almost 25 percent in fact. This year the Storm expects close to 300 youngsters, boys and girls alike, to lace 'em up over the winter.

The Storm encompasses two groups of teams: the travel teams, i.e. the Ontario Minor Hockey Association teams, including some Tri-County and Alternate Entry teams, and the stay at home County League for younger players.

New this year, the Storm decided that all its Travel teams, excepting the Tri-County entries, would compete in the Muskoka-Parry Sound loop, and not in the Victoria-Durham Tri-County loop as previous years. Executive Committee member Rick Lowes says "the reason was to ensure a tougher level of competition for the Storm teams during the regular season, so that we'd be better prepared for post season play. It's no fun for anyone to have lots of blowouts and uncompetitive games, which has happened too often in the past." The Muskoka-Parry Sound loop has higher quality competition and longer games, but with fewer teams. This means fewer, but tougher games, less travel, and more practices and ice time at home. The Storms' lower level Tri-County teams will continue to compete in the Victoria-Durham loop.

County League For Fun & Friendly Local Competition

The merger back in 2001 also saw the start of the increasingly popular County League. The League's purpose is to introduce young children to the game. The emphasis is on learning the rules and how to play the game in an atmosphere of fun and friendly competition. The League also prepares young players for travel hockey when they're older, if the kids and parents wish. All practices and games are in either the Minden or Haliburton arenas.

The Storm also actively encourages all its trainers and coaches to attend the official OMHA courses, which begin this year with the Trainer's Clinic on September 26th at the Minden Arena. Coach's Clinics and Refresher courses will follow, along with a Prevention Service Clinic, or Speak Out on October 27th. The Speak Out clinic is designed to help coaches and trainers deal with the small number of very annoying parents and friends who use minor hockey as an excuse to yell abuse at players, referees, and coaches. The Storm is actively concerned with holding all its players, coaches, and parents to the highest ethical standards.

Hockey cont'd... pg 63...

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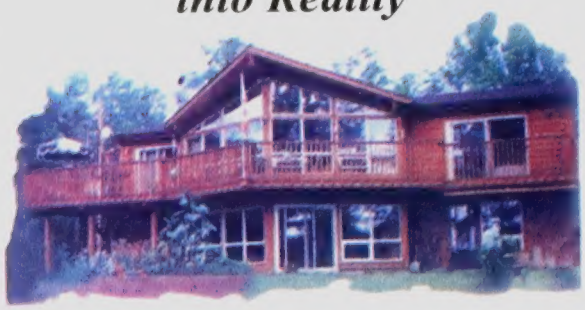
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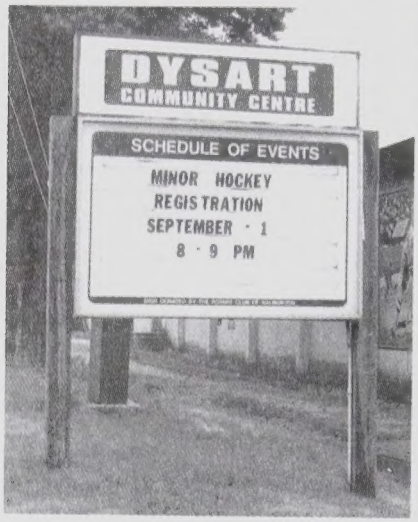
Everyone Welcome To Come Watch Games:

... from pg. 62

The Storm provides entertainment, education, and just plain fun for Haliburton's children throughout the winter, and it's all made possible the volunteer efforts of its Executive, Coaches, Trainers, and Referees. Any extra help hockey parents or relatives or just plain fans can give will be most welcome. Or just come out and watch the fun! You might just be watching Haliburton's next NHL star!

Haliburton has a long and impressive hockey history and with the help of these volunteers it's guaranteed to continue. And speaking of history, the Storm Public Relations Committee, headed by Terry Goodwin, is refurbishing and organizing the trophy cases at the Haliburton arena and has similar plans for the Minden Arena. There'll be an historic trophy case, a case dedicated to the famous "Huskies" organization and a Highland Storm case featuring trophies and OHMA accomplishments along with County League (Glen Dart) hardware.



Terry also hopes to pay proper tribute to the rich history of the Minden Monarchs and is looking for any Monarch hardware items, including trophies, to include in a revamped case at the Minden arena. Please contact Terry at the email link on the Storm's website.

Registration fees this year are $375 for Travel Team players and $225 for County League players. Payments can be made in one lump sum or in two installments: September 1st and November 1st. Multi-player discounts for families with 3 or more children registered are also available.

This year all league schedules will be posted on the Storm's official website, www.highlandstorm.org. Terry Goodwin is hoping to keep the community as fully informed as possible of all Storm activities. Where possible game schedules will also be published in the media, including a weekly Canoe FM "Storm Watch" throughout the season at 6:46 pm Mondays. Also watch The Communicator for more exciting news as it unfolds throughout the season.

Good luck to all teams, and remember – have fun!

Trails & Tours Network in Partnership with Sir Sandford Fleming College will be holding the 4th Trail Workshop in a series of four.

Trail Signage & Maintenance Workshop

This one day workshop will provide you with a framework to develop your own trail signage plan. Please bring maps to use as a case study in order to develop a trail signage plan.

Topics to be covered include:
- signage material
- cost
- standards
- layout
- function and format
- vandalism (6 hrs)

Fee: $60 **Subsidy avail. to trail groups - call the Trails & Tours Office for details (705 - 489-4049)*

Date: Friday, Sept. 24, 2004
Time: 9 a.m. - 4 p.m.

Registration / Withdrawal Deadline is September 10, 2004

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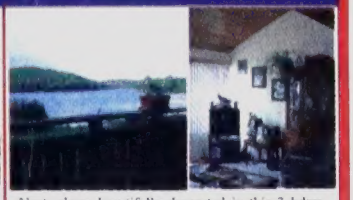
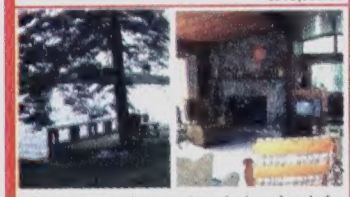
See this great building lot. Several building sites offering spectacular views of Kennisis Lake. Absolute privacy on this 8 acre property. 800 ft. shore line varies with flat rock, sand pockets, larger rock sections and a point. Sheltered area for boat protection. Sunsets come across the point and set on the opposite shore. This rare large property is being offered at
$575,000.00

What a view of prestigious Kennisis Lake. Algonquin type lot, deep water, deck & dock at water. 2 bedroom A frame cottage. Vendor used cottage this past winter, has winter water system but needs some upgrades to make fully winterized. **$309,000.00**

3 bdrm cottage, level SW lot. Lge master, sliding door to deck. Lge LR, cathedral ceiling & stone fireplace adds to the cozy ambiance of cottage life. Sand bottom and easy access to the lake makes it great for young or old. Garage, wood shed and lots of privacy.
$344,500.00



Neat, clean, beautifully decorated in this 3 bdrm, 1140 sq ft home/cottage. With a 3 pc ensuite and balcony off the guest bdrm, oak kitchen, cedar cathedral ceiling in living room with w/o to 3 sided deck. Sand beach, deep water and open lake view, fully insulated 2 car garage. **$295,900.00**



Private property w/a stream & sandy shore. Lge deck at waters edge. Panibode cedar cottage, pine kitchen, stone fireplace, open concept. 3 bdrms, garage w/ laundry facilities & loft above w/2pc bath, common room & sleeping area. **$399,000.00**

Best of both worlds - Pelaw Lk/Little Redstone 3 bedroom with loft, open concept, mostly pine interior. 1580 sq.ft. plus 1344 sq.ft. on lower walkout level, insulated and ready to finish off. cabin for extra guests. level lot, 161' frontage & 700 ft. deep. very private, scenic property. enjoy the quiet of Pelaw Lk. and the big lake boating of Redstone. **$449,000.00**

3 bdrms, den, gym, sauna, cold rm, laundry rm, family rm, LR/DR/Kitchen are incl in this unique 2400 sq ft of living space. Lge deck, gradual slope to water. Docking system, marine rail. Storage/bunkie, garage, many extras. **$489,000.00**

Kennisis Lake - Colonial log, 3 bdrm, 3 baths, custom kitchen, open concept, cathedral ceiling, full lower walkout, stone patio, south exp., spectacular view, deep water. **$489,000.00**

New cottage, 3 bdrms, 2 baths, lge open kitchen/LR/DR, 3600sqftlivingspaceinc lowerw/olevel.Screenedrm,lotsofdecking &patio.FAO,drilledwell,gradualslopetogood swimming. **$497,000.00**

Move in 2100 sq. ft. 4 bdrm cedar shake matculously finished cottage, 2 baths, hot tub rm, sauna, FP, family rm, eat in kitchen, built in appliances, open concept all pine interior, dr. wall. Lge decks 216 ft sand shore. SW exp **$549,000.00**

Custom 4 bdrm home with over 2000 sq. ft. of living space, pine cathedral ceiling, 2 - 4 pc baths, the full finished w/o bsmt has family room with airtight, a possible games rm, laundry & storage room. Ground source heat with central air, landscaped, 2 car garage and paved drive. Access to a 3 lake chain across quiet road. With a breath taking view and more. **$379,000.00**

Square timber / 2900 sq ft living space, 6 bdrms, 3 baths, hot tub, fireplace, double garage, loft. Level lot, 290 ft sand beach, SW exp. Privacy!
$925,000.00

Swim, ski, fish in your own lake. Old country charm with 5 bdrm - loft, 2 was rms, stone fireplace, lge deck. Potential of 60 acres gravel, timber, lots, camp, retreats. **$1,200,000.00**

Two bedroom hm. Eat in kitchen, sun porch, laundry, main flr. laundry, There is a large eat in kitchen with oak cabinets, sun porch, main floor laundry and 4 piece bath. New shingles & windows. Close to lakes, stores and ski hill. **$89,900.00**

Business opportunity on hwy.35 Carnarvon. live next door to your own business. 2 br home, new carpet, plumbing, windows & roof. nice lawn area. commercial bldg - 3000 sq. ft., new oil furnace, loading dock into storage area. hardwood floors, separate office space, large bsmt. for storage. lg. paved yard. zoning is c1, hc & residential. ideal for antique store, vegetable market, organic produce, crafts & hobbies, restaurant, possibilities are endless for this income producing property. **$375,000.00**

Don't miss this great log look cottage with wonderful terrace grounds. Guest cabin and storage area. 2 possible 3 bedrooms some log interior, very cozy. Lower level gives work shop and oil fired hot water furnace. Sheltered by islands, deep water. **$345,000.00**

Wow!! Privacy plus a tranquil setting. This lot has 229 feet of frontage with sand shoreline. Excellent building site with a view of big lake. Quiet sheltered bay on prestigious Kennisis Lake. VTB on approval.
$185,000.00

Ideal building lot, 2 acres with 250 ft frontage on Kennisis Lake with big lake view. Area of prestigious cottages. Well treed and private. Sand and rock shore and deep water. Year round road with hydro at road.
Asking $269,000.00

Look! 154 ft. of great waterfront on Little Redstone. South west exposure, level frontage and elevated to the rear. Driveway partially in. Hydro and telephone close by. At this price don't wait. **$169,900.00**

50 acres, hardwood, mostly maple bush. Ideal for maple syrup. Fairly high land. Very private. Abundance of wildlife, good hunting (if desired). Hydro and well put in 15 years ago. Old home has been removed. Vendor will consider taking a mortgage. **Offered for sale @$79,000.00**

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